

What's new for 2020

It is hoped that athletes, coaches, officials and parents will make the effort to read all the information appertaining to the league, available via the website. However experience tells me that will not happen – so at least read this!

Timetable Change

The big change is that fixtures at Monkton will start an hour earlier at **10am**.

The sprint hurdle times have changed slightly – hopefully this will reduce the time that athletes are hanging around for their event.

New Divisional Secretaries

Div 1 - Keith Willshire 01670362668 - keithw53@keithw53.plus.com

Div 2S - Toby Jones 07798 872736 - Toby@jonesandfather.com

Div 2N - Gary Curtis 07957 216 182 - garydcurtis71@yahoo.co.uk

Allocation of Team Numbers

Once again we are having a flexible rather than fixed allocation of numbers per team

When supplying pre-season declarations team managers are asked to supply the most likely names for the first fixture and not just all the possible ones for your team throughout the season. The main purpose of the exercise is to make production of results easier for the first fixture. We will still be able to top a team's allocation later in the season if required.

So for 2020 the allocation for each team will reflect the number of athletes that competed last season, as follows:

Div 1			
	Start	Finish	Total
Blyth	1	90	90
Darlington	91	180	90
Gateshead	181	310	130
Harrogate	311	450	140
Morpeth	451	560	110
NSP	561	650	90
Div 2 N			
	Start	Finish	Total
Birtley/Tyne Bridge	1	80	80
Blaydon	81	150	70
Jarrow	151	200	50
S Shields	201	270	70
Tynedale	271	340	70
Wallsend	341	400	60
Div 2 S			
	Start	Finish	Total
Chester	1	40	40
Derwent/Crook	41	90	50
Durham	91	150	60
Houghton	151	200	50
New Marske	201	250	50
Richmond	251	300	50