

What's new for 2018

It is hoped that athletes, coaches, officials and parents will make the effort to read all the information appertaining to the league, available via the website. However experience tells me that will not happen – so

UKA Rules

- 170.3 and 170.19 The acceleration zone has been eliminated for the 4 x 100m and 4 x 200m relays. These zones have been merged into one takeover zone 30m in length. Until the old markings are updated the takeover zone will begin at the existing line marking the start of the acceleration zone. The scratch line remains in the same place but is now 20m after the start of the zone.
- U13 Boys Shot Putt – new weight 3kg (previously 3.25kg)

NEYDL Rules

D) Competition Arrangements (contd.)

2. Team Managers must complete a team declaration form prior to each meeting. This may be amended during the meeting. The form will show who is intended to compete in each event with an "X", however for races run in lanes, for seeding purposes please indicate the expected fastest as A & B.

New Divisional Secretary

Div 2N - Daniel N'Jai 0772 5634387 d-bradley-njai@hotmail.co.uk

Qualification standards

Nearly all standards for additional attempts have been revised.

There will now be minimum standards applied to throws events – any performance falling below the standards will not be eligible to score points. Points will be deducted retrospectively, but the athlete's performance will still appear in the results as usual.