

North Eastern Counties Athletic Association Track & Field Championships under 20 Events

Under 20 Mens 100m

CBP:	Harry Harris (Middlesbrough A.C.)	2010	10.6
	Richard Kilty (Gateshead Harriers)	2008	10.62
2017	Jason Nicholson(Gateshead Harriers)		11.27
2016	Ben Todd (Chester-Le-Street)		11.1
2015	Daniel McBride(New Marske Harriers)		11.44
2014	Jack Hepple (Morpeth Harriers)		10.95
2013	Jack Hepple (Morpeth Harriers)		11.17
2012	Matthew Greenshaw(Gateshead Harriers)		11.94
2011	Christian Carson (Gateshead Harriers)		10.93 +2.0
2010	Harry Harris (Middlesbrough A.C.)		10.6
2009	Rob Patton (unattached)		11.62 -4.4
2008	Richard Kilty (Gateshead Harriers)		10.62 0.0
2007	Richard Kilty (Gateshead Harriers)		10.79
2006	Richard Harrison (Gateshead Harriers)		11.36
2005	Lewis Robson (Gateshead Harriers)		11.52
2004	John Baines (Middlesbrough A.C.)		11.25
2003 s	Peter Vickers (Middlesbrough A.C.)		11.04
2002	David Riley (Morpeth Harriers)		11.20
2001	Peter Vickers (Middlesbrough A.C.)		11.54
2000	Alexander Golding (Middlesbrough A.C.)		11.21
1999	Mark Suggitt (Gateshead Harriers)		11.32
1998	Graeme Read (Gateshead Harriers)		11.15
1997	Andrew Roberts (Gateshead Harriers)		11.46
1996 J	Neil Jennings (Mandale A.C.)		11.2
1995 M	Ian Craggs (Gateshead Harriers)		11.0
1994	Ian Craggs (Gateshead Harriers)		11.20
1993 J	Anthony Wood (Midd & Cleveland)		11.7
1992 M	Martin Critchley (North Shields Poly)		11.1
1991	Anthony Wood (Midd & Cleveland)		11.38
1990	K Brett (Gateshead Harriers)		11.5
1989 J	Michael McGrady (Gateshead Harriers)		11.0 +0.9
1988 M	Neil Shute (Ebinburgh S.H.)		11.0
1987	Darren Clark (Wallsend Harriers) h	11.1	11.3
1986	Mark Belben (Midd & Cleveland)		11.4
1985 M P	Farrow (Mandale AC)		11.2
1984	M H Todd (Durham City)		11.4
1983	P Lister (Morpeth Harriers)		11.1
1982 M	Vince Jones (Midd & Cleveland)		11.2
1981			
1980	S Fail (Gateshead Harriers)		11.4
1979M	C Appleby (Ashington)		11.1
1978			
1977	C Alderson (Houghton)		11.1
1976			
1975			
1974 w D	Gallagher (Morpeth Harriers)		11.7
1973			
1972	J Hooks (Burn Road Harriers)		11.1
1971			
1970			
1969			
1968			
1967			
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1965			
1964			
1963			
1962			

Under 20 Women 100m

CBP:	Rachel Highfield(Gateshead Harriers)	2013	12.16
2017	Nicola Caygill (Jarrow&Hebburn)		12.35
2016	Hannah Kelly (Gateshead Harriers)		12.80
2015	Stephanie Addison(Gateshead Harriers)		12.23
2014	Rachel Highfield(Gateshead Harriers)		12.256
2013	Rachel Highfield(Gateshead Harriers)		12.16
2012	Laura Walker (Shildon Running & AC)		12.86
2011	Laura Walker (Shildon Running & AC)		12.63 +3.1
2010	Lorna Goldsmith (Darlington Harriers)		12.6
2009	Faye Bowles (Darlington Harriers)		12.91 -1.5
2008	Faye Winspear (Middlesbrough A.C.)		12.67 +0.4
2007	Lauren Arthur (Gateshead Harriers)		12.29
2006	Lauren Arthur (Gateshead Harriers)		12.62 -2.6
2005	Kirsty Thomas (Gateshead Harriers)		12.49
2004	Emma Morris (South Shields Harriers)		12.73
2003 s	Gemma Ferguson(North Shields Poly)		12.25
2002	Titi Ameobi (Gateshead Harriers)		12.81
2001	Elaine Smith (Middlesbrough A.C.)		12.95

Under 20 Mens 200m

CBP:	Richard Kilty (Gateshead Harriers) 2008	21.43
2017	William Curtis (Gateshead Harriers)	22.67
2016	Sam Griffin(Middlesbrough Mandale)	22.53
2015	Ben Todd(Chester-Le-Street)	22.67
2014	Jack Hepple (Morpeth Harriers)	22.22
2013	Jack Hepple (Morpeth Harriers)	22.33
2012	Jack Crosby(Middlesbrough Mandale)	22.68
2011	Christian Carson (Gateshead Harriers)	22.21 -0.7
2010	Rob Patton (Gateshead Harriers)	22.06 +0.3
2009	Rob Patton (unattached)	22.70 -1.9
2008	Richard Kilty (Gateshead Harriers)	21.43 +2.4
2007	Richard Kilty (Gateshead Harriers)	21.99
2006	Alex Todd (Shildon R & A.C.)	23.12 -1.7
2005	Craig Crawford Glanville (Gateshead H)	23.0
2004	John Baines (Middlesbrough A.C.)	22.65
2003 s	Peter Vickers (Middlesbrough A.C.)	23.22
2002	David Riley (Morpeth Harriers)	22.26
2001	Peter Vickers (Middlesbrough A.C.)	22.68
2000	David Smith (Midd & Cleveland)	22.49
1999	Alexander Golding (Middlesbrough A.C.)	22.50
1998	John Stewart (Midd & Cleveland)	21.62
1997	John Stewart (Midd & Cleveland)	22.98
1996 J	Neil Jennings (Mandale A.C.)	22.6
1995 M	Neil Jennings (Mandale A.C.)	22.1
1994	Ian Craggs (Gateshead Harriers)	22.32
1993 J	A Wellands (Mandale A.C.)	23.8
1992 M	Martin Critchley (North Shields Poly)	22.6
1991		
1990	David Mellor (Midd & Cleveland)	22.74
1989 J	D Lawton (Cramlington)	22.4
1988 M	Neil Shute (Ebinburgh S.H.)	22.4
1987	Darren Clark (Wallsend Harriers)	22.1
1986	Paul Masters (North Shields Poly)	23.8
1985M	Andrew Abrahams (Morpeth Harriers)	22.1
1984	M H Todd (Durham City)	23.0
1983	Neil Armstrong (Gateshead Harriers)	22.41
1982 M	Vince Jones (Midd & Cleveland)	22.7
1981		
1980	S.G. Faill (Gateshead Harriers)	22.3
1979M	R Mclver (unattached)	22.4
1978		
1977	A Lunn (Blyth A.C.)	22.4
1976		
1975		
1974 w	D Gallagher (Morpeth Harriers)	23.2
1973	R Lambert (Houghton Harriers)	22.9
1972		
1971	K Brown	22.9
1970		
1969		
1968		
1967		
1966		
1965		
1959	B Stewart (Sunderland Harriers)	22.1
1958		
1957		

Under 20 Womens 200m

CBP:	Rachel Highfield (Gateshead Harriers) 2013	24.92
2017	Jazmine Moss(Gateshead Harriers)	25.37
2016	Layla Bell(Middlesbrough Mandale)	25.87
2015	Stephanie Addison (Gateshead Harriers)	25.93
2014	Rachel Highfield (Gateshead Harriers)	25.56
2013	Rachel Highfield (Gateshead Harriers)	24.92
2012	Laura Walker (Shildon)	26.05
2011	Laura Walker (Shildon Running & AC)	25.66 +0.6
2010	Ashley Wood (Gateshead Harriers)	26.8
2009	Faye Bowles (Darlington Harriers)	26.64 +0.7
2008	Nicola Pearson (Gateshead Harriers)	26.30 -0.1
2007	Lauren Arthur (Gateshead Harriers)	25.0
2006	Lauren Arthur (Gateshead Harriers)	25.09 +1.8
2005	Emma Morris (South Shields Harriers)	25.46
2004	Emma Morris (South Shields Harriers)	25.72
2003 s	Titi Ameobi (Gateshead Harriers)	25.43
2002	Titi Ameobi (Gateshead Harriers)	25.29
2001	Claire Brason (North Shields Poly)	25.58

Under 20 Men 400m

CBP:	Mark McMahon (Edinburgh S.H.)	1983	48.1
2017	William Curtis (Gateshead Harriers)		48.62
2016	Sam Day (Middlesbrough Mandale)		49.64
2015	Reuben Cole (Gateshead Harriers)		50.93
2014	George Wilson (Gateshead Harriers)		51.20
2013	Joe Robertshaw (Gateshead Harriers)		51.26
2012	Jack Crosby (Middlesbrough Mandale)		49.73
2011	Greg Urwin (Gateshead Harriers)		50.36
2010	Greg Urwin (Gateshead Harriers)		51.61
2009	Nick Phelps (Middlesbrough A.C.)		51.19
2008	Adam Allison (Gateshead Harriers)		51.06
2007	Lewis Robson (Gateshead Harriers)		50.55
2006	Marc Docherty (Gateshead Harriers)		51.34
2005	Craig Crawford Glanville (Gateshead H)		50.28
2004	Kieran Flannery (Gateshead Harriers)		50.37
2003 s	Stephen Gill (Midd & Cleveland)		49.48
2002	Shane Smith (North Shields Poly)		49.79
2001	Peter Middleton (North Shields Poly)		50.70
2000	Gary Ankers (Shildon R & AC)		52.36
1999	Gary Ankers (Shildon R & AC)		50.59
1998	P Campbell (Middlesbrough A.C.)		48.71
1997	A Smith (Mandale)		50.10
1996 J	A Smith (Mandale)		49.5
1995 M	Barry O'Brien (Midd. & Cleveland)		49.3
1994	Jared Deacon (Morpeth Harriers)		48.77
1993 J	Jared Deacon (South Shields Harriers)		50.8
1992 M	P Calvert (Midd. & Cleveland)		50.9
1991	M Spoons (Chester le Street)		51.44
1990	J Bird (Hartlepool B.R.)		49.75
1989 J	S Minnikan (North Shields Poly)		49.4
1988 M	B Harding (Durham City)		50.5
1987	R Johnson (Morpeth Harriers)		50.0
1986	Terry West (Gosforth Harriers)		50.5
1985M	Andrew Abrahams (Morpeth Harriers)		49.0
1984	J Scott (Gosforth Harriers)		49.8
1983	Mark McMahon (Edinburgh S .H.)		48.1
1982 M	Mark McMahon (Houghton)		48.9
1981			
1980	P Dee (Midd & Cleveland)		50.1
1979M	R Bell (Gateshead Harriers)		50.3
1978	Bill Armstrong (Morpeth Harriers)		48.8
1977			
1976			
1975			
1974 w	C Logan (Morpeth Harriers)		52.3
1973			
1972	D P Rundle (Wolsingham Sec. Sch.)		51.3
1971			
1970			
1969			
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1967			
1966			
1965			
1964			
1963			
1962			
1961			
1960			
1959			

Under 20 Women 400m

CBP:	Claire Brason (North Shields Poly)	2001	57.49
2017	Ashlyn Bland(Gateshead Harriers)		58.78
2016	Beth Pringle (Gateshead Harriers)		59.33
2015	Beth Pringle (Gateshead Harriers)		57.56
2014	Charlotte Ramsay (Blyth Running Club)		60.71
2013	Hannah Segrave (Middlesbrough Mandale)		57.58
2012	Sarah McDonald (Jarrow & Hebburn)		58.71
2011	Sarah McDonald (Jarrow & Hebburn)		58.71
2010	Rebecca Ferguson (Gateshead Harriers)		58.39
2009	Sofiya Pela-Aliu (Middlesbrough A.C.)		60.03
2008	Stacey Smith (Gateshead Harriers)		57.73
2007	Lauran Arthur (Gateshead Harriers)		58.1
2006	Debbie Forster (Middlesbrough A.C.)		59.22
2005	Sam Hart (Gateshead Harriers)		59.87
2004	Victoria Wester (Gateshead Harriers)		60.30
2003 s	Nisha Desai (Morpeth Harriers)		59.02
2002	Nisha Desai (Morpeth Harriers)		57.57
2001	Claire Brason (North Shields Poly)		57.49

Under 20 Men 800m

CBP: Malcolm Hassan(Sunderland Harr.)2001 1:52.82

Joe Gibson Trophy

2017	Scott Armstrong (Durham City)	2:08.12
2016	Sam Day (Middlesbrough Mandale)	1:56.78
2015	Michael Wilson (Sunderland Harriers)	1:58.04
2014	Michael Wilson (Sunderland Harriers)	1:52.83
2013	Michael Wilson (Sunderland Harriers)	1:53.58
2012	Cameron Boyek (Shildon R & A.C.)	1:53.07
2011	Cameron Boyek (Shildon R & A.C.)	1:53.99
2010	Adam Rowland (Gateshead Harriers)	1:58.82
2009	Ross Murray (Gateshead Harriers)	1:54.08
2008	Ross Murray (Gateshead Harriers)	1:55.79
2007	Andrew Stanton (Gateshead Harriers)	1:54.6
2006	Kieran Flannery (Gateshead Harriers)	1:53.80
2005	Kieran Flannery (Gateshead Harriers)	1:55.76
2004	James Minter (Middlesbrough A.C.)	1:54.21
2003 s	Andrew Graham (Gosforth Harriers)	1:57.34
2002	Chris Parr (Gateshead Harriers)	1:56.42
2001	Malcolm Hassan (Sunderland Harriers)	1:52.82
2000	Steve Redshaw (Chester le Street)	1:53.13
1999	Steve Redshaw (Chester le Street)	1:58.60
1998	Kevin Corr (Jarrow & Hebburn)	1:55.77
1997	Kevin Corr (Jarrow & Hebburn)	1:57.69
1996 J	Kevin Corr (Jarrow & Hebburn)	1:57.
1995 M	Mark McGarry (Gateshead Harriers)	1:56.6
1994	Andrew Jordan (Gateshead Harriers)	2:02.37
1993 J	Tony Mate (Gateshead Harriers)	1:58.9
1992 M	Philip Solomon (Sunderland Harriers)	1:58.2
1991	Michael Openshaw (Chester le Street)	
1990	Graham Carruthers (Chester le Street)	1:56.36
1989 J	K Ducker (Blaydon Harriers)	1:55.0
1988 M	B Harding (Durham City Harriers)	1:55.9
1987	K Ducker (Blaydon Harriers)	1:56.9
1986	David Sharpe (Jarrow & Hebburn)	1:53.0
1985M	David Sharpe (Jarrow & Hebburn)	
1984	David Sharpe (Jarrow & Hebburn)	1:52.9
1983	P Brannigan (Wallsend Harriers)	1:57.9
1982 M	Stephen Bird (Sunderland Harriers)	1:55.1
1981	Anthony Morrell (Midd & Cleveland)	
1980	Andrew Lawrence (Darlington Harriers)	
1979M	Steve Cram (Jarrow & Hebburn)	
1978	Steve Cram (Jarrow & Hebburn)	1:53.5
1977	Niel Black (Morpeth Harriers)	1:55.2
1976		
1975	L Nicholson (South Shields Harriers)	
1974 w	Alex Amos (Gateshead Harriers)	1:56.8
1973	Alex Amos (Gateshead Harriers)	1:55.7
1972		
1971		
1970		
1969		
1968		
1967	Dave Hill (Sunderland Harriers)	2:00.9 y
1966		
1965		
1964	Kevin Carr (Sunderland Harriers)	1:57.3 y
1963		

Under 20 Womens 800m

CBP: Laura Weightman (Morpeth H.) 2008 2:08.20

2017	Sophie Burnett (Birtley AC)	2:14.64
2016	Sophie Burnett (Birtley AC)	2:14.72
2015	Sophie Burnett (Birtley AC)	2:21.24
2014	Hannah Briggs (Jarrow&Hebburn)	2:34.25
2013	Chloe Loreda (North Shields Poly)	2:15.02
2012	Sarah McDonald (Jarrow & Hebburn)	2:13.65
2011	Sarah McDonald (Jarrow & Hebburn)	2:17.03
2010	Laura Weightman (Morpeth Harriers)	2:18.86
2009	Stacey Smith (Gateshead Harriers)	2:12.66
2008	Laura Weightman (Morpeth Harriers)	2:08.20
2007	Gina Rutherford (North Shields Poly)	2:14:44
2006	Abby Wilson (Newton Aycliffe A.C.)	2:25.66
2005	Sam Hart (Gateshead Harriers)	2:17.54
2004	Sam Hart (Gateshead Harriers)	2:16.51
2003 s	Nisha Desai (Morpeth Harriers)	2:16.56
2002	Nisha Desai (Morpeth Harriers)	2:13.20
2001	Nisha Desai (Morpeth Harriers)	2:17.44

Under 20 Men 1500

CBP:	David Lowes (Gateshead Harriers) 1971	3:53.3
	J C Kennedy Trophy	
2017	Josh Allen (Middlesbrough Mandale)	4:09.40
2016	Joe Armstrong (Morpeth Harriers)	4:09.57
2015	Michael Wilson (Sunderland Harriers)	3:55.08
2014	Adrian Bailes (Birtley AC)	3:59.49
2013	Oliver James (Sunderland Harriers)	3:58.54
2012	Michael Bleasby (Shildon)	4:07.01
2011	Cameron Boyek (Shildon R & A.C.)	4:10.53
2010	Michael Grimes (Durham City Harriers)	4:08.19
2009	Philip Hurst (Elswick Harriers)	4:02.37
2008	Philip Hurst (Elswick Harriers)	3:58.86
2007	Dominic Shaw (New Marske Harriers)	4:02.71
2006	Lewis Timmins (Gosforth Harriers)	4:04.33
2005	Jonathan Taylor (Middlesbrough A.C.)	4:08.33
2004	Ryan Stephenson (North Shields Poly)	3:59.06
2003 s	Ryan McLeod (Elswick Harriers)	4:01.59
2002	Ryan McLeod (Elswick Harriers)	3:59.42
2001	Malcolm Hassan (Sunderland Harriers)	3:53.99
2000	Malcolm Hassan (Sunderland Harriers)	3:56.56
1999	Nick McCormick (Tynedale Harriers)	4:06.63
1998	Robert Cole (Middlesbrough A.C.)	4:07.98
1997	John Mooney (Morpeth Harriers)	4:01.77
1996 J	C Old (Houghton & Peterlee)	3:56.9
1995 M	C Old (Houghton & Peterlee)	4:05.6
1994	S O'Donnell (Jarrow & Hebburn)	4:02.84
1993 J	Tony Mate (Gateshead Harriers)	4:11.7
1992 M		
1991	Vince Wilson (Morpeth Harriers)	4:10.61
1990	Graham Carruthers (Chester le Street)	3:58.1
1989 J	Graham Carruthers (Chester le Street)	3:55.0
1988 M	K Ducker (Blaydon Harriers)	4:01.5
1987	Chris Roberts (Gateshead Harriers)	4:00.5
1986	David Sharpe (Jarrow & Hebburn)	3:56.8
1985M	David Sharpe (Jarrow & Hebburn)	3:54.9
1984	John S Lucas (Wallsend Harriers)	3:57.8
1983	David J Miles (Gosforth Harriers)	3:58.7
1982 M		
1981		
1980	Andrew Lawrence (Darlington Harriers)	3:59.2
1979M	Graham Smith (Sunderland Harriers)	3:57.7
1978		
1977		
1976		
1975	Paul Harker (Darlington Harriers)	4:00.0
1974 w	S G Forster (Sunderland Harriers)	4:04.5
1973		
1972		
1971	David Lowes (Gateshead Harriers)	3:53.3
1970		
1969		
1968		
1967	Dave Hill (Sunderland Harriers)	4:31.2 mile
1966		
1965	Brooks Mileson (Sunderland Harriers)	4:22.9 mile
1964		
1950	Keith Boyle (Sunderland Harriers)	4:40.0 mile

Under 20 Women 1500m

CBP:	Stacey Smith (Gateshead Harriers)2009	4:22.35
2017	Lucy-Erin Hunter (Darlington Harriers)	4:43.75
2016	Sophie Burnett (Birtley AC)	4:37.39
2015	Sophie Burnett (Birtley AC)	4:46.14
2014	Lydia Turner (Birtley AC)	4:26.04
2013	Chloe Loreda (North Shields Poly)	4:45.19
2012	Hazel Webster-Costello (Jarrow&Hebburn)	6:14.38
2011	Gemma Walleth (North Shields Poly)	5:21.35
2010	Kate Avery (Shildon R & A.C.)	4:30.12
2009	Stacey Smith (Gateshead Harriers)	4:22.35
2008	Kirsty Legg (Middlesbrough A.C.)	4:44.85
2007	Alexandra Snook (Shildon R & A.C.)	4:48.0
2006	Mary Ferrier (Gateshead Harriers)	4:45.37
2005	Ashley Gibson (Elswick Harriers)	4:40.56
2004	Rosie Smith (Durham City Harriers)	4:45.8
2003 s	Nisha Desai (Morpeth Harriers)	4:54.65
2002	Charlotte Wickham (Gateshead Harr)	4:31.17
2001	Nisha Desai (Morpeth Harriers)	4:44.49

Under 20 Men 5000m

CBP:	Nick Swinburn (Morpeth Harriers) 2007	15:26.16
2017	Kieran Walker (Sedgefield Harriers)	16:22.96
2016	Jake Tallentire (Sunderland Harriers)	16:35.77
2015	Jordan Bell (Blackhill Bounders)	15:36.58
2014	Dean Newton (New Marske Harriers)	15:49.42
2013	Jonathan Wilkinson(Durham City Harr.)	17:24.38
2012	Jonathan Baines (Durham City Harriers)	16:26.16
2011	Sam Hearn (Gateshead Harriers)	16:32.28
2010	Nathan Reed (Sunderland Harriers)	16:23.55
2009	Grant Hawkins (Middlesbrough AC)	16:15.60
2008	Adam Mitchell (Middlesbrough A.C.)	16:02.58
2007	Nick Swinburn (Morpeth Harriers)	15:26.16

Under 20 Men 3000m

CBP:	David Miles (Gosforth Harriers) 1984	8:27.4
2006	Jonathan Taylor (Middlesbrough A.C.)	8:48.91
2005	Ryan Stephenson (North Shields Poly)	8:48.27
2004	Ryan McLeod (Elswick Harriers)	8:28.40
2003 s	Ryan McLeod (Elswick Harriers)	8:43.62
2002	Paul Hutton (Gosforth Harriers)	8:40.53
2001	Jonathan Graham (Gosforth Harriers)	8:58.24
2000	Paul Best (Shildon R & A.C.)	9:18.44
1999	Gerrard Sharp (Birtley A.C.)	8:56.77
1998	Mark Brown (Morpeth Harriers)	9:00.44
1997	John Mooney (Morpeth Harriers)	
1996 J	Andy Caine (Tynedale Harriers)	8:43.2
1995 M	Robert Brown (Elswick Harriers)	8:44.8
1994	L Morgan (Wallsend Harriers)	8:53.29
1993 J	M Morris (North Shields Poly)	8:50.6
1992 M	M Morris (North Shields Poly)	8:43.2
1991	M Morris (North Shields Poly)	8:46.15
1990	Martin Scaife (Mandale)	8:34.63
1989 J	Martin Scaife (Mandale)	8:34.8
1988 M	C Roberts (Gateshead Harriers)	8:42.5
1987	P Mulhall (Gateshead Harriers)	8:38.6
1986	R West (Chester le Street)	8:44.1
1985M		
1984	David J Miles (Gosforth Harriers)	8:27.4
1983	David J Miles (Gosforth Harriers)	8:39.5
1982 M	Michael Wright (Gateshead Harriers)	8:30.9
1981		
1980		
1979M	Graham Smith (Sunderland Harriers)	8:37.3
1978	P Naisbitt (Wallsend Harriers)	8:58.5
1977		

Under 20 Women 5000m

CBP:	Hester Dix (Blaydon Harriers) 2007	18:10.34
2017	Robyn Bennett (Elswick Harriers)	18:23.68
2016	Clara Pettitt (Newcastle Uni)	20:22.22
2015	No Event	
2014	Amy Hetherington (Durham City)	19:46.55
2013	- no event	
2012	Harriet Buswell(Gosforth Harriers)	19:58.70
2011	Rachael Lundgren (Gosforth Harriers)	19:46.22
2010	Rachael Lundgren (Gosforth Harriers)	19:35.23
2009	Sarah Crosby (Sunderland Harriers)	20:11.90
2008	Lauren Roche (Gateshead Harriers)	19:01.52
2007	Hester Dix (Blaydon Harriers)	18:10.34
2006	Hester Dix (Blaydon Harriers)	20:54.49
2005	Hester Dix (Blaydon Harriers)	18:55.2
2004	Johanna Jackson (Midd & Cleveland)	
2003 s	N Owens (Shildon R & A.C.)	21:01.83
2002	Katy Swainston (Sunderland Harriers)	
2001		

Under 20 Men 110m Hurdles

CBP:	Andrew Smailes (Midd & Cleveland) 1987	14.5
2017	Jason Nicholson (Gateshead Harriers)	15.31
2016	Oliver Whelans (Gateshead Harriers)	14.94
2015	Miles McGrady(Gateshead Harriers)	15.61
2014	Anthony Hogg (Gateshead Harriers)	14.91
2013	James Turnbull (Gateshead Harriers)	15.93
2012	Joey Williams (U/A)	17.08
2011	- no event	
2010	- no event	
2009	- no event	
2008	Richard Kaufman (Gateshead Harriers)	16.88 +0.8
2007	Matthew Smith (Darlington Harriers)	16.2
2006	Lewis Robson (Gateshead Harriers)	15.17
2005	Lewis Robson (Gateshead Harriers)	15.7
2004	Andrew Sturrock (Gateshead Harriers)	15.91
2003	Peter Middleton (North Shields Poly)	14.8
2002	David Robertson (Jarrow & Hebburn)	16.05
2001	Richard Myers (Gateshead Harriers)	15.64
2000	Chris Hunter (Jarrow & Hebburn)	15.46
1999	Chris Hunter (Jarrow & Hebburn)	16.01
1998	Patrick Brown (Gateshead Harriers)	15.1
1997	S Atkinson (Middlesbrough & Cleveland)	17.21
1996	Ben Warmington (North Shields Poly)	14.9
1995	Rob Collins (Gateshead Harriers)	17.2
1994	G Porter (Gateshead Harriers)	16.44
1993	Simon McAree (North Shields Poly)	18
1992		
1991	Kevin Lumsden (Morpeth Harriers)	15.09
1990	Richard Hunter (Gateshead Harriers)	14.74
1989	S Pearson (North Shields Poly)	17.3
1988	M Cowell (Middlesbrough & Cleveland)	14.9
1987	Andrew Smailes (Midd & Cleveland)	14.5
1986	- no event	
1985	Andrew Abrahams (Gateshead Harriers)	15.2
1984	S Kane (Gateshead Harriers)	16.3
1983	Simon Kane (Washington)	15.78
1982		
1981		
1980		
1979M	S Eckford (Midd & Cleveland)	17.6

Under 20 Womens 100m Hurdles

CBP:	Gemma Ferguson (North Shields P) 2003	13.88
2017	Sophie Thorpe (Blaydon Harriers)	19.3
2016	Melissa Raine (Jarrow&Hebburn)	16.68
2015	Melissa Raine (Jarrow&Hebburn)	15.61
2014	Lucy Turner(Gateshead Harriers)	14.85
2013	Abigail Smith (Gateshead Harriers)	14.78
2012	- no event	
2011	- no event	
2010	Rebecca Liddell (Gateshead Harriers)	14.23 +2.1
2009	Ashley Wood (Middlesbrough AC)	15.02 +0.5
2008	Lauren Dewdney (Gateshead Harriers)	14.56 +0.5
2007	Lauren Dewdney (Gateshead Harriers)	14.46
2006	Lorna McMichael (Chester le Street)	15.80 +0.7
2005	Emma Morris (South Shields H &A.C.)	14.9
2004		
2003	Gemma Ferguson (North Shields Poly)	13.88
2002	Sarah Haworth (Morpeth Harriers)	16.80
2001	Gemma Ferguson (North Shields Poly)	14.33

Under 20 Men 400m Hurdles

CBP:	Kieran Flannery (Gateshead Harr.)	2005	54.04
2017	No Event		
2016	Reuben Cole (Gateshead Harriers)		56.76
2015	Reuben Cole (Gateshead Harriers)		56.99
2014	Oliver Whellans (Chester-Le-Street)		56.63
2013	James Turnbull (Gateshead Harriers)		58.10
2012	Simon Davies (Newcastle Uni)		55.58
2011	- no event		
2010	Callum Robson (Gateshead Harriers)		57.75
2009	- no event		
2008	Nick Phelps (Middlesbrough A.C.)		56.71
2007	- no event		
2006	Scott Henderson (Middlesbrough A.C.)		54.54
2005	Kieran Flannery (Gateshead Harriers)		54.04
2004	Kieran Flannery (Gateshead Harriers)		54.20
2003	s Dale Jordan (Middlesbrough A.C.)		59.87
2002	Peter Middleton (North Shields Poly)		55.41
2001	Richard Smith (Midd & Cleveland)		54.84
2000	Chris Herring (Middlesbrough A.C.)		56.57
1999	Chris Herring (Hartlepool Burn Road)		56.12
1998	Lee Wiscombe (Jarrow & Hebburn)		55.24
1997	A Smith (Middlesbrough & Cleveland)		56.97
1996	J A Smith (Middlesbrough & Cleveland)		56.2
1995	M A Hardy (Mandale)		58.9
1994	Andrew Gallon (Gateshead Harriers)		59.97
1993	J Simon McAree (North Shields Poly)		57.3
1992	M		
1991			
1990	Richard Hunter (Gateshead Harriers)		58.1
1989	J Chris Irvine (North Shields Poly)		56.5
1988	M D Bird (Harlepool B.R.)		62.2
1987	Chris Irvine (North Shields Poly)		58.0
1986	Paul Masters (North Shields Poly)		56.1
1985	M M Ramshaw (Darlington Harriers)		57.9
1984	Andrew Abrahams (Gateshead Harriers)		57.2
1983	C Garcia (Blaydon Harriers)		60.0
1982	M M Davidson (Peterlee)		61.2

Under 20 Women 400m Hurdles

CBP:	Claire Brason (North Shields Poly)	2001	61.67
2017	Laura Hand (Gateshead Harriers)		76.63
2016	Jenny Gilmour (Gateshead Harriers)		64.38
2015	No Event		
2014	Rachel Scott (Houghton Harriers)		69.44
2013	Geogia Whitfield (Durham City Harriers)		67.29
2012	Katie Corner (Gateshead Harriers)		66.98
2011	Katie Corner (Gateshead Harriers)		69.16
2010	- no event		
2009	Samantha Coleby (Durham City Harriers)		63.57
2008	Samantha Coleby (Durham City Harriers)		61.79
2007	Samantha Coleby (Durham City Harriers)		67.0
2006	Lorna McMichael (Chester le Street)		66.99
2005	Debbie Forster (Middlesbrough A.C.)		71.55
2004	Emma Morris (South Shields)		65.63
2003	s Emma Morris (South Shields)		65.63
2002	Claire Brason (North Shields Poly)		62.37
2001	Claire Brason (North Shields Poly)		61.67

Under 20 Men 2000m Steeplechase

CBP:	James Yeats (Midd & Cleveland) 1984	5:55.7
2017		
2016	Harry Allan (New Marske Harriers)	6:29.00
2015		
2014	Oliver Whellans(Chester-Le-Street)	6:35.80
2013	Jordan Bell (Blackhill Bounders)	7:15.89
2012	- no event	
2011	Jonathan Boyd (Gateshead Harriers)	6:47.21
2010	Elliott Jackson (New Marske Harriers)	6:21.20
2009	Elliott Jackson (New Marske Harriers)	6:26.27
2008	Elliott Jackson (New Marske Harriers)	6:39.4
2007	- no event	
2006	William Pike (Gateshead Harriers)	6:33.19
2005	Sean Hall (Gateshead Harriers)	6:13.93
2004	Paul White (Middlesbrough A.C.)	
2003 s	Steven Pogue (Middlesbrough A.C.)	6:21.96
2002	Marc Elliott (Gateshead Harriers)	6:23.18
2001	Paul Dodd (Elswick Harriers)	7:30.8
2000	Ian Wilson (Hartlepool Burn Road)	6:34.29
1999	Ian Wilson (Hartlepool Burn Road)	6:21.44
1998	W Tarn (Shildon R & A.C.)	6:15.42
1997	A Costello (Elswick Harriers)	6:17.47
1996 J	Robert Brown (Elswick Harriers)	5:56.2
1995 M	M Smith (Mandale)	6:35.5
1994	Keiron Routledge (Sunderland Harriers)	6:34.48
1993 J	C Crawford (Midd & Cleveland)	6:17.2
1992 M	J McAdam (Durham City)	6:06.7
1991	S Purcell (Mandale)	6:09.99
1990	M Brown (Mandale)	6:05.95
1989 J	D Fielden (Mandale)	6:10.5
1988 M	L Lemmon (Heaton Harriers)	6:22.9
1987	P Lowe (Mandale)	6:16.3
1986	J Renney (North Shields Poly)	5:59.1
1985M		
1984	James Yeats (Midd & Cleveland)	5:55.7
1983	G W Wood (Morpeth Harriers)	6:07.68
1982 M	G W Wood (Morpeth Harriers)	6:20.6
1981		
1980		
1979M		
1978		
1977		
1976		
1975	Glenn Forster (Sunderland Harriers)	6:15.2
1974 w	D Scorer (Gateshead Harriers)	
1973	G Crowe (Sunderland Harriers)	6:13.6
1972	Paul Taylor (Sunderland Harriers)	6:26.0
1971	Paul Taylor (Sunderland Harriers)	6:13.4
1970		
1969		
1968		
1967	I Forster (Burn Road Harriers)	5:59.2
1966		
1965		
1964		
1963		
1962		

Under 20 Women 1500m Steeplechase

CBP:	Katie Coulson(New Marske Harriers) 2012	5:51.70
2017		
2016		
2015		
2014		
2013	- no event	
2012	Katie Coulson(New Marske Harriers)	5:51.70
2011	- no event	
2010	Emma Freeman (Blyth Running Club)	6:22.20

Under 20 Women 2000m Steeplechase

2009	- no event	
2008	Rachel Barnes (Chester le Street)	8:22.88
2007	Rachel Barnes (Chester le Street)	8:26.3
2006	Rachel Barnes (Chester le Street)	8:30.56
2005	Rachel Barnes (Chester le Street)	8:22.98
2004	Natalie Dawson (Morpeth Harriers)	8:14.06
2003 s	- no event	
2002	- no event	
2001	- no event	

Under 20 Men High Jump

CBP:	James Appleby (Gateshead Harr.)	1986	2.02m
2017	No Event		
2016	No Event		
2015	Nathan Waters (Derwentside AC)		1.90m
2014	Anthony Hogg (Gateshead Harriers)		1.80m
2013	Patrick O'Connor(Middlesbrough Mandale)		2.01m
2012	Damian Shorten(Gateshead Harriers)		1.80m
2011	Benjamin Daley (Middlesbrough A.C.)		1.85m
2010	- no event		
2009	Anthony Burnell (Gateshead Harriers)		1.85m
2008	Joseph Corrigan (Middlesbrough A.C.)		1.70m
2007	Lloyd Powell (Middlesbrough A.C.)		1.90m
2006	Lloyd Powell (Middlesbrough A.C.)		1.94m
2005	Lloyd Powell (Middlesbrough A.C.)		1.90m
2004	John Stacey (Gateshead Harriers)		1.90m
2003 s	Daniel Burns (Tynedale Harriers)		1.90m
2002			
2001	Peter Burn (Gateshead Harriers)		1.90m
2000	Chris Hunter (Jarrow & Hebburn)		2.00m
1999	Chris Hunter (Jarrow & Hebburn)		1.95m
1998	Tom Elvin (Morpeth Harriers)		1.80m
1997	L Johnson (Gateshead Harriers)		1.80m
1996 J			
1995 M	G Graham (Gateshead Harriers)		1.85m
1994			
1993 J	R Laws (Morpeth Harriers)		1.90m
1992 M	B Thompson (North Shields Poly)		1.95m
1991			
1990	J Potts (Tynedale Harriers)		1.80m
1989 J	M Cooper (Middlesbrough & Cleveland)		1.90m
1988 M	I Arnott (North Shields Poly)		1.85m
1987	John Wallace (Morpeth Harriers)		1.95m
1986	James Appleby (Gateshead Harriers)		2.02m
1985M	James Appleby (Gateshead Harriers)		2.01m
1984	James Appleby (Gateshead Harriers)		2.00m
1983	Mark Byron (Gateshead Harriers)		1.90m
1982 M	Mark Byron (Gateshead Harriers)		2.00m
1981			
1980	C Veitch (Hartlepool Burn Road)		1.90m
1979M	Ian Moore (Houghton)		1.95m
1978			
1977	S Gill (North Shields Poly)		1.95m
1976	D Robson (North Shields Poly)		1.95m
1975			
1974 w			
1973			
1972			
1971			
1970			
1969			
1968			
1967			
1966			
1965	W Fairley (Elswick Harriers)		1.80m
1964			
1963			
1962	P Forster (Gateshead Harriers)		1.80m
1952	Gordon Carr (Sunderland Harriers)		
1951	Gordon Carr (Sunderland Harriers)		

Under 20 Women High Jump

CBP:	Emma Morris (South Shields)	2005	1.73m
2017	Sophie Hamilton (Blaydon Harriers)		1.40m
2016	No Event		
2015	Jane Feenan (Chester-Le-Street)		1.55m
2014	Lucy Turner (Gateshead Harriers)		1.55m
2013	Hannah Briggs(Jarrow&Hebburn)		1.50m
2012	Georgia Whitfield(Durham City Harriers)		1.45m
2011	- no event		
2010	Leah Kennedy (Darlington Harriers)		1.55m
2009	Jennifer Baker (Durham City Harriers)		1.60m
2008	Amy Laidler (Tynedale Harriers)		1.55m
2007	Rebecca Pottinger (Birtley A.C.)		1.55m
2006	Anna Welford (Middlesbrough A.C.)		1.60m
2005	Emma Morris (South Shields Harriers)		1.73m
2004	Emma Morris (South Shields Harriers)		1.70m
2003 s	Emma Morris (South Shields Harriers)		1.65m
2002	Rebecca Chatt (Middlesbrough & Cleveland)		1.40m
2001	Carla Taylor (Morpeth Harriers)		1.55m

Under 20 Men Long Jump

CBP:	Anthony Wood (Midd & Cleveland) 1993	7.23m
2017	Peter Skirrow (Alnwick Harriers)	6.55m
2016	Peter Skirrow (Alnwick Harriers)	6.07m
2015	James Andrew (Jarrow&Hebburn)	6.57m
2014	Anthony Hogg (Gateshead Harriers)	6.51m
2013	Adam Simpson(Gateshead Harriers)	5.98m
2012	Scott Hall (Gateshead Harriers)	6.44m
2011	Scott Hall (Gateshead Harriers)	6.56m +1.1
2010	Ben Porter (Gateshead Harriers)	6.13m +4.0
2009	Anthony Burnell (Gateshead Harriers)	6.76m -0.1
2008	Charlie Dryden (Middlesbrough A.C.)	6.63m +
2007	Charlie Dryden (Middlesbrough A.C.)	5.60m
2006	Adebayo Babatunde (Middlesbrough)	6.35m
2005	Lewis Robson (Gateshead Harriers)	6.40m
2004	John Stacey (Gateshead Harriers)	6.15m
2003 s	Graham Jackson (Gateshead Harriers)	6.69m
2002	Chris Weitz (Gateshead Harriers)	6.56m
2001	James Laing (Morpeth Harriers)	5.89m
2000	Chris Tomlinson (Middlesbrough AC)	6.99m
1999	Steven Brown (Gateshead Harriers)	6.50m
1998	E Thompson (Gateshead Harriers)	6.40m
1997	P Taylor (Morpeth Harriers)	5.51m
1996 J	Andrew Thornton (Elswick Harriers)	6.56m
1995 M	Andrew Thornton (Elswick Harriers)	6.62m
1994	D Greenwell (Sunderland Harriers)	5.54m
1993 J	Anthony Wood (Midd & Cleveland)	7.23m
1992 M J	Scott (Gateshead Harriers)	5.97m
1991	Anthony Wood (Midd & Cleveland)	6.45m
1990	Richard Hunter (Gateshead Harriers)	6.51m
1989 J I	Arnott (North Shields Poly)	5.96m
1988 M I	Arnott (North Shields Poly)	6.24m
1987	Mark Belben (Midd & Cleveland)	6.72m
1986	Mark Belben (Midd & Cleveland)	7.17m
1985M	Mark Belben (Midd & Cleveland)	7.14m
1984	J E MacKenzie (Morpeth Harriers)	6.46m
1983	S Glaydon (Derwentside)	6.60m
1982 M	Karl Wharton (Durham City Harriers)	7.07m
1981		
1980		
1979M		
1978		
1977		
1976		
1975		
1974 w		
1973		
1972		
1971		
1970		
1969		
1968		
1967	T Marsey (Darlington Harriers)	6.89m
1966		
1965		
1964		
1955	B Crowe (Sunderland Harriers)	19ft 6ins
1954		
1953		
1952	Gordon Carr (Sunderland Harriers)	

Under 20 Women Long Jump

CBP:	Emily Gargan (Gateshead Harriers)2017	5.68m
2017	Emily Gargan (Gateshead Harriers)	5.68m
2016	Melissa raine (Jarrow&Hebburn)	4.83m
2015	Jane Feenan(Chester-Le-Street)	4.89m
2014	Rachel McHugh (Shildon)	5.17m
2013	Rachel McHugh (Shildon)	5.19m
2012	Georgia Whitfield (Durham City Harriers)	5.22m
2011	Emma Pringle (Gateshead Harriers)	5.32m +0.3
2010	Emma Pringle (Gateshead Harriers)	5.37m +2.3
2009	Ashley Wood (Middlesbrough AC)	5.08m +3.1
2008	Amy Fleming (Gateshead Harriers)	5.28m +
2007	Melissa Carr (Shildon R & AC)	5.67m
2006	Melissa Carr (Shildon R & AC)	5.36m
2005	Sophie de la Hunt (Gateshead Harriers)	5.01m
2004	Rachel Abbs (Durham City Harriers)	5.38m
2003 s	Emma Morris (South Shields)	4.92m
2002	Sarah Haworth (Morpeth Harriers)	5.01m
2001	Elaine Smith (Middlesbrough A.C.)	5.61m

Under 20 Men Triple Jump

CBP:	Scott Hall (Gateshead Harriers) 2012	14.22m
2017	Harrison Whitfield(Gateshead Harriers)	13.54m
2016	jack Colmer (Tynedale Harriers)	13.43m
2015	No Event	
2014	No Event	
2013	No Event	
2012	Scott Hall (Gateshead Harriers)	14.22m
2011	Scott Hall (Gateshead Harriers)	13.72m
2010	Ben Porter (Gateshead Harriers)	13.18m +4.3
2009	Craig Fiddes (unattached)	13.45m +0.4
2008	Craig Fiddes (Blaydon Harriers)	14.21m -
2007	Daniel Blackett (Gateshead Harriers)	12.48m
2006	Adebayo Babatunde (Middlesbrough)	13.86m
2005	Adebayo Babatunde (Middlesbrough)	12.19m
2004	Adebayo Babatunde (Middlesbrough)	12.41m
2003 s	Graham Jackson (Gateshead Harriers)	14.21m
2002	Steven Brown (Gateshead Harriers)	13.65m
2001		
2000		
1999		
1998	Steven Brown (Gateshead Harriers)	12.98m
1997	S Baird (Gateshead Harriers)	12.22m
1996 J	K Davison (Elswick Harriers)	13.30m
1995 M		
1994	Charles Ellis (Sunderland Harriers)	13.08m
1993 J		
1992 M	Charles Ellis (Sunderland Harriers)	12.29m
1991		
1990		
1989 J	J Bird (Hartlepool Burn Road)	12.48m
1988 M	G Anderson (Jarrow & Hebburn)	12.34m
1987	P Caine (Houghton Harriers)	12.81m
1986	A Brannen (Middlesbrough & Cleveland)	12.23m
1985M	A Richmond (Mandale AC)	12.22m
1984	Alistair Cameron (Gateshead Harriers)	13.47m
1983	Alistair Cameron (Gateshead Harriers)	13.73m
1982 M		
1981		
1980	G Olds (Park View)	13.40m
1979M	R Featherstone (Crook)	12.41m
1978		
1977		
1976		
1975		
1974 w	E Bewick (Blaydon Harriers)	12.49m
1973		
1972		
1971		
1970		
1969		
1968		
1967	C Bowery (Houghton Harriers)	13.59m

Under 20 Women Triple Jump

CBP:	Emily Gargan (Gateshead Harriers)2017	12.62m
2017	Emily Gargan (Gateshead Harriers)	12.62m
2016	No Event	
2015	Georgia May Oliver (Houghton Harriers)	7.63m
2014	Rachel McHugh (Shildon AC)	11.61m
2013	Rachel McHugh (Shildon AC)	11.44m
2012	Rachel McHugh (Shildon AC)	11.44m
2011	Emma Pringle (Gateshead Harriers)	12.37m
2010	Emma Pringle (Gateshead Harriers)	11.92m +2.0
2009	Emma Pringle (Gateshead Harriers)	11.54m -2.6
2008	Olivia Cook (New Marske Harriers)	10.11m +
2007	Melissa Carr (Shildon R & AC)	12.48m
2006	Melissa Carr (Shildon R & AC)	11.81m
2005	Sophie Evans (Gateshead Harriers)	9.84m
2004	Sophie Evans (Gateshead Harriers)	10.68m
2003 s	Sophie Evans (Gateshead Harriers)	10.31m
2002	Johanna Jackson(New Marske Harriers)	9.88m
2001	Julia Straker (Morpeth Harriers)	11.12m

Under 20 Men Pole Vault

CBP:	Charlie Myers(Middle. Mandale) 2016	5.15m
2017	James Chaudhry(Gateshead Harriers)	3.50m
2016	Charlie Myers(Middlesbrough Mandale)	5.15m
2015	Charlie Myers(Middlesbrough Mandale)	5.00m
2014	Charlie Myers(Middlesbrough Mandale)	4.70m
2013	- no event	
2012	- no event	
2011	- no event	
2010	- no event	
2009	Anthony Burnell (Gateshead Harriers)	3.50m
2008	Gavin Howard (Gateshead Harriers)	4.00m
2007	Ross Dixon (Gateshead Harriers)	3.70m
2006	Ross Dixon (Gateshead Harriers)	4.06m
2005	James Stacey (Gateshead Harriers)	3.80m
2004	John Stacey (Gateshead Harriers)	3.00m
2003 s	Mark Christie (Sale Harriers)	4.51m
2002	Mark Christie (Sale Harriers)	4.40m
2001	- no event	
2000	Chris Hunter (Jarrow & Hebburn)	3.20m
1999	- no event	
1998	Chris Boundy (Gateshead Harriers)	4.20m
1997	S Atkinson (Middlesbrough & Cleveland)	3.80m
1996 J	S Atkinson (Middlesbrough & Cleveland)	3.40m
1995 M	Rob Collins (Gateshead Harriers)	3.00m
1994	- no event	
1993 J	Peter Arye (Morpeth Harriers)	4.20m
1992 M	Chris Arye (Morpeth Harriers)	3.80m
1991	Peter Arye (Morpeth Harriers)	4.20m
1990	M Hunter (Gateshead Harriers)	3.40m
1989 J	S Robinson (Wallsend Harriers)	3.90m
1988 M	Rob Leonard (Morpeth Harriers)	3.70m
1987	Gary Jackson (Wolverhampton & B)	4.50m
1986	Gary Jackson (Morpeth Harriers)	4.58m
1985M	Gary Jackson (Gateshead Harriers)	4.30m
1984	Gary Jackson (Durham City Harriers)	3.90m
1983		
1982 M		
1981		
1980		
1979M		
1978	M Hendy (Morpeth Harriers)	3.25m
1977		
1976		
1975		
1974		
1973		
1972		
1971		
1970		
1969		
1968		
1967		
1966		
1965		
1964		
1963		
1962		
1954	Alan Cowey (Sunderland Harriers)	11ft 0ins

Under 20 Women Pole Vault

CBP:	Sally Scott (Gateshead Harriers) 2008	3.70m
2017	No Event	
2016	Iona Rockett (Blaydon Harriers)	2.80m
2015	Kim Weatherburn (South Shields)	3.00m
2014	Kerry Maguire (Gateshead Harriers)	2.90m
2013	Kerry Maguire (Gateshead Harriers)	2.90m
2012	- no event	
2011	- no event	
2010	- no event	
2009	- no event	
2008	Sally Scott (Gateshead Harriers)	3.70m
2007	- no event	
2006		
2005		
2004		
2003 s	Gemma Kaye (Gateshead Harriers)	2.50m
2002	- no event	
2001	Sophie Dewell (Midd & Cleveland)	2.90m

Under 20 Men Discus 1.75kg

CBP:	Alan Toward (Gateshead Harriers) 2011	49.00m
2017	Joe Martin (Middlesbrough Mandale)	44.25m
2016	Joe Martin (Middlesbrough Mandale)	39.52m
2015	Fraser Wright (Gateshead Harriers)	45.64m
2014	Adam Graham (Gateshead Harriers)	45.43m
2013	Adam Graham (U/A)	41.50m
2012	Ryan King (U/A)	28.08m
2011	Alan Toward (Gateshead Harriers)	49.00m
2010	Alan Toward (Gateshead Harriers)	44.88m
2009	Graeme Fairbairn (Gateshead Harriers)	32.98m
2008	Philip Brown (Blaydon Harriers & AC)	39.07m
2007	Philip Brown (Blaydon Harriers & AC)	35.18m
2006	Nick Ridgeon (South Shields Harriers)	35.04m
2005	Gavin Hill (Middlesbrough A.C.)	39.98m
2004	Leslie Richards (Middlesbrough A.C.)	48.86m
2003 s	Craig Sturrock (Gateshead Harriers)	36.55m
2002	Leslie Richards (Midd & Cleveland)	45.57m
2001	Leslie Richards (Midd & Cleveland) u17	41.04m
2000	Christopher Tate (South Shields Harr)	33.62m
1999	S Taylor (Border Harriers)	43.23m
1998	S Taylor (Border Harriers)	38.17m
1997	S Atkinson (Middlesbrough & Cleveland)	32.24m
1996 J	M Forsyth (Wallsend Harriers)	27.82m
1995 M	Andy Rutland (Sunderland Harriers)	43.78m
1994	Andy Rutland (Sunderland Harriers)	41.62m
1993 J	Karl Kaiser (Middlesbrough & Cleveland)	38.84m
1992 M	Karl Kaiser (Middlesbrough & Cleveland)	38.28m
1991	Steven Appleby (Morpeth Harriers)	29.86m
1990	D Clouston (Morpeth Harriers)	32.76m
1989 J	M Rees (Morpeth Harriers)	31.86m
1988 M	A Carbert (Darlington Harriers)	34.36m
1987	A Armstrong (Gateshead Harriers)	27.08m
1986	S Arye (Morpeth Harriers)	45.70m
1985 M	S Arye (Morpeth Harriers)	43.94m
1984	D Peterson (North Shields Poly)	35.05m
1983	N Mitchell (Wickham)	26.60m
1982 M		
1981		
1980	Paul Reed (Morpeth Harriers)	41.45m
1979 M	Paul Reed (Morpeth Harriers)	39.86m
1978		
1977		
1976		
1975		
1974 w	N Hughes (Jarrow & Hebburn)	29.77m
1973		
1972		
1971		
1970		
1969		
1968	Paul Dickenson (North Shields Poly)	49.08m
1967		
1966		

before 1971 1.75kg,

Under 20 Women Discus 1.0kg

CBP:	Lianne Tucker (Blaydon Harriers) 2005	39.93m
2017	Georgia Kyle (Blaydon Harriers)	38.01m
2016	Kaitlin Enderwick(Middle. Mandale)	28.94m
2015	Michelle Hahn(Houghton Harriers)	19.18m
2014	Kaitlin Enderwick(Middle. Mandale)	29.72m
2013	Carrie Lamb (Gateshead Harriers)	16.08m
2012	Sarah Parsons (City Of York)	32.55m
2011	Tyne Breen (Blaydon Harriers)	37.19m
2010	Katherine Bulmer (Jarrow & Hebburn)	28.69m
2009	Tyne Breen (Blaydon Harriers)	37.14m
2008	Stephanie Hopkinson (Birtley AC)	35.21m
2007	Stephanie Hopkinson (Birtley AC)	32.86m
2006	Lianne Tucker (Blaydon Harriers)	39.72m
2005	Lianne Tucker (Blaydon Harriers)	39.93m
2004	Lianne Tucker (Blaydon Harriers)	37.81m
2003 s		
2002	Kerry Elliott (Gateshead Harriers)	33.85m
2001	Claire Moore (Gateshead Harriers)	39.52m

Under 20 Men Javelin 800g		Under 20 Women Javelin 600g			
CBP:	Jason Oakes(Gateshead Harriers)1996	62.88m	CBP: Sarah Dunkley (West Suffolk AC) 2006 <i>1999 Model</i>	37.28m	
2017	Daniel Nixon (Middlesbrough Mandale)	50.06m	2017	Bobbie Griffiths(Morpeth Harriers)	37.19m
2016	Daniel Nixon (Middlesbrough Mandale)	46.73m	2016	Yasmin Othman(Gateshead Harriers)	30.57m
2015	Daniel Nixon (Middlesbrough Mandale)	46.75m	2015	Melissa Raine(Jarrow&Hebburn)	22.35m
2014	Robin Croft (Middlesbrough Mandale)	43.17m	2014	Carrie Lamb (Gateshead Harriers)	28.83m
2013	Robin Croft (Middlesbrough Mandale)	45.15m	2013	Carrie Lamb (Gateshead Harriers)	24.33m
2012	No Event		2012	Vanessa Jacques (Gateshead Harriers)	31.55m
2011	Brett Daley (Gateshead Harriers)	45.15m	2011	Rachael McIntyre (Gateshead Harriers)	22.11m
2010	Adam Blowers (New Marske Harriers)	33.89m	2010	Rachael McIntyre (Gateshead Harriers)	27.85m
2009	Graeme Fairbairn (Gateshead Harriers)	38.99m	2009	Alexandra Turbitt (South Shields Harr)	35.54m
2008	Graeme Fairbairn (Gateshead Harriers)	33.99m	2008	Amy Fleming (Gateshead Harriers)	28.83m
2007	Dean Barrett (Gateshead Harriers)	48.55m	2007	Alice Ramsey (South Shields Harr.)	16.70m
2006	Dean Barrett (Gateshead Harriers)	41.67m	2006	Sarah Dunkley (West Suffolk AC)	37.28m
2005	Craig Crawford Glanville (Gateshead H)	43.53m	2005	Hannah Conroy (Middlesbrough A.C.)	33.20m
2004	John Stacey (Gateshead Harriers)	39.63m	2004	Lianne Tucker (Blaydon Harriers)	23.25m
2003 s	Daniel Burns (Tynedale Harriers)	49.70m	2003 s		
2002	A Pearson (Birtley A.C.)	31.71m	2002	Rebecca Chatt (Middlesbrough A.C.)	31.65m
2001	James Deacon-Brown (Gateshead Harr)	53.13m	2001	Louise Batey (Midd & Cleveland)	31.20m
2000	Christopher Tate (South Shields)	38.03m			
1999	B Lock (Morpeth Harriers)	46.63m			
1998	D Lillie (Sunderland Harriers)	44.18m			
1997	D Lillie (Sunderland Harriers)	44.96m			
1996 J	Jason Oakes (Gateshead Harriers)	62.88m			
1995 M	S Birse (Midd & Cleveland)	56.52m			
1994	P Burke (New Marske Harriers)	40.10m			
1993 J	C Elliott (Midd & Cleveland)	47.82m			
1992 M	C Elliott (Midd & Cleveland)	50.06m			
1991	J Addison (Harlepool Burn Road)	42.94m			
1990	Justin Carter (Gateshead Harriers)				
1989 J	A Grey (Midd & Cleveland)	52.12m			
1988 M	M Rees (Morpeth Harriers)	47.86m			
1987	P Renney (North Shields Poly)	41.92m			
1986	L Turnbull (Midd & Cleveland)	45.94m			
1985M					
1984	P Sanson (Houghton)	45.60m			
1983	I Baldam (Harlepool Burn Road)	34.30m			
1982 M	D Eastlake (Morpeth Harriers)	46.64m			
1981					
1980					
1979M					
1978					
1977					
1976	P Haines (Gateshead Harriers)	47.30m			
1975					
1974 w					
1973					
1972					
1971	P Stewart (North Shields Poly)	55.68m			
1970					
1969					
1968					
1967					
1966					
1958					
1957					
1956	H Robertson (Sunderland Harriers)	162ft 3ins			
1955	H Robertson (Sunderland Harriers)				

new model from 1986

Under 20 Men Hammer 6.0kg		Under 20 Women Hammer 4.0kg			
CBP:	Daniel Nixon (Middle. Mandale) 2017	60.42m	CBP: Kayleigh Sullivan (Middlesbrough) 2008	41.12m	
2017	Daniel Nixon (Middlesbrough Mandale)	60.42m	2017	Alisha Lamb(Gateshead Harriers)	22.55m
2016	Daniel Nixon (Middlesbrough Mandale)	54.97m	2016	Anna Stephens (North Shields Poly)	29.54m
2015	Martin Croft(Middlesbrough Mandale)	47.96m	2015	Michelle Hahn(Houghton Harriers)	20.74m
2014	Martin Croft(Middlesbrough Mandale)	47.34m	2014	Hayley Cooke(Middlesbrough Mandale)	37.04m
2013	Reece Straker (North Shields Poly)	47.40m	2013	Jessica Rogers(new Marske Harriers)	32.68m
2012	Reece Straker (North Shields Poly)	46.50m	2012	Sarah Parsons(City Of York)	40.12m
2011	Benjamin Daley (Middlesbrough A.C.)	46.79m	2011	Rebecca Simpson (North Shields Poly)	40.32m
2010	Jordan Bowser (Gateshead Harriers)	45.13m	2010	Jessica Wilson (Birtley A.C.)	37.80m
2009	Benjamin Daley (Middlesbrough A.C.)	45.35m	2009	Jessica Wilson (Birtley A.C.)	35.41m
2008	Alan Richmond (Morpeth Harriers)	34.53m	2008	Kayleigh Sullivan (Middlesbrough A.C.)	41.12m
2007	Graeme Level (North Shields Poly)	54.31m	2007	Katy Wilson (Birtley A.C.)	38.83m
2006	Graeme Level (Gateshead Harriers)	46.66m	2006	Katy Wilson (Birtley A.C.)	38.12m
2005	Charles Hogarth (Middlesbrough A.C.)	42.25m	2005	Lianne Tucker (Blaydon Harriers)	25.10m
2004	Charles Hogarth (Middlesbrough A.C.)	48.92m	2004		
2003 s	Andrew Smith (Middlesbrough A.C.)	51.92m	2003 s	Emma Foster (Gateshead Harriers)	36.39m
2002	Leslie Richards (Midd & Cleveland)	39.02m	2002	Emma Foster (Gateshead Harriers)	30.53m
2001	- no event		2001	- no event	
2000	Ross Thompson (Gateshead Harriers)	58.87m			
1999					
1998	B Clare (Midd & Cleveland)	46.26m			
1997	Christopher Walsh (Mandale)	56.60m			
1996 J	Christopher Walsh (Mandale)	56.88m			
1995 M	David Robinson (Sunderland Harriers)	52.62m			
1994					
1993 J	Scott Thompson (Belgrave Harriers)	56.22m			
1992 M	Scott Thompson (Sunderland Harriers)	54.10m			
1991					
1990					
1989 J	Paul Barnard (Midd & Cleveland)	47.80m			
1988 M	G Morgan (Midd & Cleveland)	47.70m			
1987					
1986	A Armstrong (Gateshead Harriers)	38.16m			
1985M					
1984	R Jeal (Midd & Cleveland)	13.20m			
1983					
1982 M					
1981					
1980					
1979M					
1978					
1977					
1976					
1975					
1974 w					
1973					
1972					
1971					
1970	Ian Chipchase (North Shields Poly)	66.48m			

before 1971 5.44kg, 1971 to 2001 6.25kg

Under 20 Men Indoor 60m

CBP:	Marc Suggitt (Gateshead Harriers) 2000	7.00
	Peter Vickers (Middlesbrough AC) 2003	
2017	Ben Todd (Chester-Le-Street)	7.12
2016	Ben Todd (Chester-Le-Street)	7.09
2015	Ben Todd (Chester-Le-Street)	7.15
2014	Sam Norton (Middlesbrough Mandale)	7.20
2013	Jack Hepple (Morpeth Harriers)	7.29
2012	Jack Crosby (Middlesbrough Mandale)	7.07
2011	Harry Harris (City of Sheffield)	7.17
2010	Harry Harris (Middlesbrough A.C.)	7.13
2009	Joseph Kibirige (unattached)	7.15
2008	Joseph Kibirige (Darlington Harriers)	7.10
2007		
2006		
2005		
2004		
2003	s Peter Vickers (Middlesbrough AC)	7.00
2002	Ben Geddes (Tynedale Harriers)	7.20
2001		
2000	Marc Suggitt (Gateshead Harriers & AC)	7.00
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Women Indoor 60m

CBP:	Rachel Highfield (Gateshead Harriers) 2013	7.78
2017	Nicola Caygill (Jarrow&Hebburn)	7.86
2016	Rosie Findlay (Gateshead Harriers)	8.03
2015	Rachel Highfield (Gateshead Harriers)	7.87
2014	Rachel Highfield (Gateshead Harriers)	7.80
2013	Rachel Highfield (Gateshead Harriers)	7.78
2012	Katie Corner (Gateshead Harriers)	8.07
2011	Lorna Goldsmith (Darlington Harriers)	8.31
2010	Lorna Goldsmith (Darlington Harriers)	8.25
2009	Nicola Pearson (Gateshead Harriers)	8.10
2008	Rebekah Wilmhurst (Durham City Harr.)	7.91
2007	Lauren Arthur (Gateshead Harriers)	7.91
2006		
2005		
2004	Emma Morris (South Shields Harriers)	8.10
2003	Vicky Carmichael (Gateshead Harriers)	8.00
2002	Titi Ameobi (Gateshead Harriers)	7.80
2001	E Smith (Middlesbrough A.C.)	8.00
2000		
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Men Indoor 60m Hurdles

CBP:	Jason Nicholson (Gateshead Harriers) 2016	8.28
2017	Liam Reveley (Blaydon Harriers)	8.98
2016	Jason Nicholson (Gateshead Harriers)	8.28
2015	Anthony Hogg (Gateshead Harriers)	8.45
2014	Oliver Whelans (Chester-Le-Street)	8.68
2013	Sam Hall (Gateshead Harriers)	8.88
2012	Sam Hall (Gateshead Harriers)	8.88
2011	:- no event	
2010	:- no event	
2009	Nick Phelps (Middlesbrough A.C.)	8.95
2008	Nick Phelps (Middlesbrough A.C.)	9.41
2007		
2006		
2005		
2004	Danny Pope (Gateshead Harriers)	9.0
2003	J David Robertson (Jarrow & Hebburn)	8.8
2002	J David Robertson (Jarrow & Hebburn)	8.7
2001	J Richard Myers (Gateshead Harriers)	8.7
2000	Christopher Herring (Middlesbrough A.C.)	8.5
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Women Indoor 60m Hurdles

CBP:	Lauren Dewdney (Gateshead Harriers)	8.99
2017	-No Event	8.88
2016	Sophie Bronze (Gateshead Harriers)	9.33
2015	Jane Feenan (Chester-Le-Street)	9.36
2014	Lucy Turner (Gateshead Harriers)	9.35
2013	Abigail Smith (Gateshead Harriers)	9.11
2012	Katie Corner (Gateshead Harriers)	9.65
2011	Ashleigh Wood (Gateshead Harriers)	9.51
2010	Jayne Hansom (Gateshead Harriers)	9.44
2009	Ashleigh Wood (Middlesbrough A.C.)	9.42
2008	Lauren Dewdney (Gateshead Harriers)	8.99
2007	Lauren Dewdney (Gateshead Harriers)	9.11
2006		
2005		
2004	Emma Morris (South Shields Harriers)	9.0
2003	J Emma Morris (South Shields Harriers)	9.4
2002	J Penny Boyd (Middlesbrough A.C.)	9.9
2001	J Gemma Ferguson (North Shields Poly)	9.3
2000		
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Men Indoor High Jump

CBP:	Liam Reveley (Blaydon Harriers)	2017	1.97m
2017	Liam Reveley (Blaydon Harriers)		1.97m
2016	Liam Reveley (Blaydon Harriers)		1.90m
2015	Anthony Hogg (Gateshead Harriers)		1.95m
2014	Anthony Hogg (Jarrow&hebburn)		1.96m
2013	Patrick O'Connor(Middle. Mandale)		1.95m
2012	Damian Shorten (Gateshead Harriers)		1.85m
2011	Richard Best (New Marske Harriers)		1.75m
2010	:- no event		
2009	:- no event		
2008	Alex Bright (Gateshead Harriers)		1.80m
2007	Lloyd Powell (Middlesbrough AC)		1.91m
2006			
2005			
2004	John Stacey (Gateshead Harriers)		1.85m
2003 J	John Stacey (Gateshead Harriers)		1.71m
2002 J	Craig Smith (Houghton & Peterlee)		1.80m
2001 J			
2000	Chris Hunter (Jarrow & Hebburn)		1.90m
1999			
1998	Chris Hunter (Jarrow & Hebburn)		1.90m
1997			
1996			
1995			
1994			
1993			

Under 20 Women Indoor High Jump

CBP:	Emma Morris (South Shields Harr.)	2002	1.70m
2017	Laura Hand (Gateshead Harriers)		1.30m
2016	Emma Johnson (Jarrow&Hebburn)		1.50m
2015	Alex Bainbridge (Gateshead Harriers)		1.55m
2014	Alex Bainbridge (Gateshead Harriers)		1.50m
2013	Hannah Briggs (Jarrow&Hebburn)		1.45m
2012	:- no event		
2011	Jessica Read (Gateshead Harriers)		1.45m
2010	:- no event		
2009	Jennifer Baker (Durham City Harriers)		1.60m
2008	Rebecca Pottinger (Birtley A.C.)		1.63m
2007	Rebecca Pottinger (Birtley A.C.)		1.58m
2006			
2005			
2004	Emma Morris (South Shields Harriers)		1.70m
2003 J	Emma Morris (South Shields Harriers)		1.64m
2002 J	Emma Morris (South Shields Harriers)		1.70m
2001 J	Jenny Forrester & Carla Taylor		1.55m
2000			
1999			
1998			
1997			
1996			
1995			
1994			
1993			

Under 20 Men Indoor Long Jump

CBP:	Chris Tomlinson (Mandale AC)	2000	7.33m
2017	Peter Skirrow (Alnwick Harriers)		6.53m
2016	Jack Colmer (Tynedale Harriers)		6.19m
2015	Oliver Whellans (Chetser-Le-Street)		6.18m
2014	Anthony Hogg (Jarrow&hebburn)		6.45m
2013	Adam Simpson (Gateshead Harriers)		6.36m
2012	Jack Crosby (Middlesbrough Mandale)		6.47m
2011	Scott Hall (Gateshead Harriers)		6.66m
2010	:- no event		
2009	Charlie Dryden (Middlesbrough AC)		6.76m
2008	Niall S Flannery (Gateshead Harriers)		6.18m
2007	Charlie Dryden (Middlesbrough AC)		6.00m
2006			
2005			
2004	Andrew Sturrock (Gateshead Harriers)		6.33m
2003 J	Andrew Sturrock (Gateshead Harriers)		6.24m
2002 J	Chris Weitz (Gateshead Harriers)		6.76m
2001 J	Chris Weitz (Gateshead Harriers)		6.80m
2000	Chris Tomlinson (Mandale AC)		7.33m
1999			
1998			
1997			
1996			
1995			
1994			
1993			

Under 20 Women Indoor Long Jump

CBP:	Falonne Mukendi (Middl. Mandale)	2014	5.25m
2017	Amy Barron (Jarrow&Hebburn)		4.91m
2016	Sophie Bronze (Gateshead Harriers)		4.92m
2015	Lucy Turner (Gateshead Harriers)		5.20m
2014	Falonne Mukendi (Middlesbrough Mandale)		5.25m
2013			
2012	Charlotte Sadler (Gateshead Harriers)		4.20m
2011	Ashleigh Wood (Gateshead Harriers)		5.11m
2010	Ashleigh Wood (Gateshead Harriers)		5.09m
2009	Ashleigh Wood (Middlesbrough AC)		5.11m
2008	Tara Kennedy (Darlington Harriers)		5.01m
2007	Tara Kennedy (Darlington Harriers)		4.93m
2006	Melissa Carr (Shildon R & AC)		5.18m
2005			
2004	Emma Morris (South Shields Harriers)		5.00m
2003 J	Emma Morris (South Shields Harriers)		4.94m
2002 J			
2001 J	Sophie Dewell (Midd & Cleveland)		4.36m
2000			
1999			
1998			
1997			
1996			
1995			
1994			
1993			

Under 20 Men Indoor Triple Jump

CBP:	Steven Brown (Gateshead Harriers) 1998	14.12m
2017	Peter Skirrow (Alnwick Harriers)	13.33m
2016	Jack Colmer (Tynedale Harriers)	13.15m
2015	Oliver Whellans (Chester-Le-Street)	13.14m
2014	Alex Dixon (Middlesbrough Mandale)	10.21m
2013	no event	
2012	James Savage (Middlebrough Mandale)	10.15m
2011	Ben Porter (Gateshead Harriers)	13.73m
2010	Ben Porter (Gateshead Harriers)	13.14m
2009	Elliott Hills (Middlesbrough A.C)	10.10m
2008	Craig Fiddess (Blaydon Harriers)	13.56m
2007	Charlie Dryden (Middlesbrough AC)	12.61m
2006		
2005		
2004	Ade Babatunde (Middlesbrough AC)	13.02m
2003 J	Andrew Sturrock (Gateshead Harriers)	13.60m
2002 J	Andrew Sturrock (Gateshead Harriers)	13.21m
2001 J	Mark Bruce (Middlesbrough A.C.)	12.35m
2000	B Lock (Morpeth Harriers)	11.46m
1999		
1998	Steven Brown (Gateshead Harriers)	14.12m
1997		
1996		
1995		
1994		
1993		

Under 20 Women Indoor Triple Jump

CBP:	Emma Pringle (Gateshead Harr) 2011	11.94m
2017	Naomi Arkle (Morpeth Harriers)	9.55m
2016	no event	
2015	Jess Welburn (Middlesbrough Mandale)	9.15m
2014	Lucy Turner (Gateshead Harriers)	10.37m
2013	Hannah Pringle (Gateshead Harriers)	11.11m
2012	Hannah Pringle (Gateshead Harriers)	11.41m
2011	Emma Pringle (Gateshead Harriers)	11.94m
2010	no event	
2009	Stevie Goodfellow (Morpeth Harriers)	8.79m
2008	no event	
2007	Tara Kennedy (Darlington Harriers)	9.76m
2006	Melissa Carr (Shildon R & AC)	11.48m
2005		
2004	Sophie Evans (Gateshead Harriers)	10.22m
2003 J	Sophie Evans (Gateshead Harriers)	9.89m
2002 J		
2001 J	Julia Straker (Morpeth Harriers)	11.35m
2000		
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Men Indoor Pole Vault

CBP:	Chris Boundy (Gateshead Harriers) 1998	4.00m
2017	Declan Murray (Sunderland Harriers)	3.20m
2016	no event	
2015	no event	
2014	no event	
2013	Josh Phillipson (Blaydon Harriers)	3.50m
2012	no event	
2011	no event	
2010	Gavin Howard (Gateshead Harriers)	3.80m
2009	no event	
2008	no event	
2007	Ross Dixon (Morpeth Harriers)	3.60m
2006		
2005		
2004		
2003 J	Iain Dodsworth (Houghton & Peterlee)	3.60m
2002 J	Iain Dodsworth (Houghton & Peterlee)	3.50m
2001 J		
2000	Chris Hunter (Jarrow & Hebburn)	3.00m
1999		
1998	Chris Boundy (Gateshead Harriers)	4.00m
1997		
1996		
1995		
1994		
1993		

Under 20 Women Indoor Pole Vault

CBP:	Kim Weatherburn (South Shields) 2015	3.00m
2017	Iona Rockett (Blaydon Harriers)	2.50m
2016	no event	
2015	Kim Weatherburn (South Shields)	3.00m
2014	Kim Weatherburn (South Shields)	2.50m
2013	Kelly Maguire (Gateshead Harriers)	2.90m
2012	Kelly Maguire (Gateshead Harriers)	2.50m
2011	no event	
2010	no event	
2009	no event	
2008	no event	
2007	no event	
2006		
2005		
2004	Sam Harrison (Gateshead Harriers)	2.30m
2003 J		
2002 J	Sophie Dewell (Midd & Cleveland)	2.20m
2001 J	Rachel Fairless (Midd & Cleveland)	2.60m
2000		
1999		
1998		
1997		
1996		
1995		
1994		
1993		

Under 20 Men Indoor Shot Putt

CBP:	Adam Graham (Gateshead Harriers)	2015	17.64m
2017	David Todd (Chester-Le-Street)		13.25m
2016	Liam Reveley (Blaydon Harriers)		11.28m
2015	Adam Graham (Gateshead Harriers)		17.64m
2014	Adam Graham (Gateshead Harriers)		14.30m
2013	Josh Phillipson (Blaydon Harriers)		10.69m
2012	Adam Norton (Birtley AC)		8.32m
2011	Alan Toward (Gateshead Harriers)		12.27m
2010	no event		
2009	no event		
2008	Philip Gareth Brown (Blaydon Harriers)		14.97m
2007	Philip Brown (Blaydon Harriers & AC)		13.81m
2006			
2005			
2004	Andrew Sturrock (Gateshead Harriers)		11.68m
2003 J	Craig Sturrock (Gateshead Harriers)		13.47m
2002 J	Chris Warnock (South Shields Harriers)		9.63m
2001 J	Richard Brown (Duchess H.S.)		13.01m
2000	B Lock (Morpeth Harriers)		11.01m
1999			
1998			
1997			
1996			
1995	S Brice (Middlesbrough & Cleveland)		12.64m
1994			
1993			

Under 20 Women Indoor Shot Putt

CBP:	Tyne Breen (Blaydon Harriers)	2010	11.85m
2017	Kate Carmichael (Middlesbrough Mandale)		9.83m
2016	Sophie Bronze (Gateshead Harriers)		9.96m
2015	Georgia Oliver (Houghton Harriers)		7.14m
2014	Sophie Littlemore (U/A)		9.88m
2013	no event		
2012	Katherine Bulmer (Jarrow&Hebburn)		11.00m
2011	Tyne Breen (Blaydon Harriers)		11.46m
2010	Tyne Breen (Blaydon Harriers)		11.85m
2009	Tyne Breen (Blaydon Harriers)		10.64m
2008	Stephanie Hopkinson (Birtley AC)		11.22m
2007	Stephanie Hopkinson (Birtley AC)		10.83m
2006	Lianne Tucker (Blaydon Harriers)		11.72m
2005			
2004	Lianne Tucker (Blaydon Harriers)		10.29m
2003 J	Emma McLelland (Hartlepool B R)		10.13m
2002 J	Emma Foster (Gateshead Harriers)		8.93m
2001 J			
2000			
1999			
1998			
1997			
1996			
1995			
1994			
1993			