

NORTH EASTERN ATHLETICS LEAGUE 2016

(Under UK Athletics Laws)

OBJECTIVE

The objective of the League is to provide opportunities for Track & Field competition at their own level for as many athletes within the NECAA area as possible.

ENTRY SYSTEM

1. MEMBER CLUB ASSISTANCE

Each member Club will be expected to pay a membership fee of £20 payable to NECAA, returnable on that member club providing 2 adult helpers to provide assistance for one meeting each season. Assistance may take the form of field helper (under the direction of a UKA-qualified senior official) or any other reasonable duty as directed by the meeting manager on the night.

2. ENTRY PROCEDURE

- a) Athletes must report by the time specified for their event and give their NAME, CLUB, DATE OF BIRTH and predicted performance. Any track athlete unable to give a predicted performance will be allocated the slowest time for seeding purposes. On paying their entry fee they will be given a pair of numbers, valid for the entire season. Any athlete who loses his/her number shall be required to pay a sum of £1 for a replacement number. Entries close at the time shown in the programme. No late entries will be permitted once the computer programme has closed.
- c) GUESTS - Athletes that are not first/second claim members of clubs registered with England Athletics within the North East, or have not provided two adult helpers, may compete as guests but not score points or be considered for the 'athlete of the match' award. Athletes not in affiliated Clubs are not allowed and nor are athletes not registered with England Athletics.

3. ENTRY FEES - £3.00 per event, track and field, all age groups

4 . AGE GROUPS – these will be accordance with UKA rules.

* NOTE: UNDER 13 AND 15 competitors may only compete outside their age group **WITH ADVANCE PERMISSION FROM THE LEAGUE SECRETARY**

5. Under 13 and Under 15 competitors may complete in a maximum of THREE EVENTS ONLY at each meeting (UKA Rule 107).

COMPETITION, SCORING AND AWARDS

1. In track events numbers must be worn on the front and back of the athletes vest.
2. Under 17, Junior and Senior competitors will compete in seeded races **as determined by the seeding process.**
3. Points will be awarded for each age group and gender on the following basis: -

1 st	2 nd	3 rd	4 th	5 th	6 th
6	5	4	3	2	1

 The six athletes who accumulate most points over the season in their age/gender group and have competed at a minimum of three meetings shall be presented with trophies at the annual presentation of awards, (together with the START:FITNESS award winners) [see 7] All award winners MUST be first or second claim members of a club that has provided two helpers as required by the meeting manager.
4. In track events, points will be awarded on the basis of the fastest times.
5. In Field events (for distance) all competitors will be allowed a minimum of FOUR ATTEMPTS
6. Where different age groups are combined into a single Field Event pool each age group will be scored as a separate competition.
7. At the Annual presentation of Awards, the male and female athletes achieving the best performance at each meeting will receive a £40 voucher kindly donated by START FITNESS. A £100 START FITNESS voucher and the Colin Miller Trophy will be presented to the athlete with the performance judged best overall in the season.
8. The Referee and/or League Officers may penalise proven cases of rule breaking. Penalties may include disqualification, deduction of all points achieved to date, or suspension from all future League competition.
9. Athletes competing in track and field events at the same time should inform the relevant officials. Field officials may allow athletes to throw or jump out of turn but cannot allow missed attempts to be taken after a round has been completed. Events will not be delayed for missing athletes.

LEAGUE SECRETARY

Chris Betts, 18 Hollydene, Kibblesworth, Gateshead, NE11 0NR,
e-mail: Christopher.betts@btinternet.com
0191 410 3104