



**North East Throwing Festival 4**  
**Sunday 22<sup>nd</sup> April 2018 from 11am to 4pm**  
**@ Churchill Playing Fields, Whitley Bay NE26 3NT**

**Shot Putt - All Age Groups**  
**Javelin - All Age Groups**  
**Discus – All Age Groups**

**Individual medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for all individual age groups.**

Plus Top 6 in each event score points towards the Club Shield ran across three meetings; Throws Festival 4 & 5 and the Gateshead Open Medal meeting on the 15<sup>th</sup> April 2018.

Juniors (U13/15) will have 4 throws. Seniors 6 throws.

Please pre-register by no later than Sunday 15th April so your EA number can be validated via the Power of 10 web site and your number/seeding allocated.

Entry via <https://www.race-results.co.uk/results/2018/> £4 per event.

For full details and further enquiries please see our Facebook page <https://www.facebook.com/NEThrowingFestival> or you can email

[cschrisie@icloud.com](mailto:cschrisie@icloud.com) or [alexgiles36@gmail.com](mailto:alexgiles36@gmail.com)

Entry list will be published on <https://www.facebook.com/NEThrowingFestival> on Sunday 15th April. No late entries will be accepted.

**Event limited to 60 competitors in total.**  
**Supported and Officiated through NECAA**

