



## EVENT PROGRAME



				-		
TIME	EVENT	HEAT No			EVENT	TIME
10:30	3/400Hurdles	1		F1	Long Jump 1	11:00
10:34	800M	1		F2	Shot 1	
10:38	800M	2		F3	Discus 1	
10:42	800M	3		F4	Shot 2	12.00
10:46	800M	4		F5	Discus 2	4.5.4.5
10:50	800M	5		F6	Long Jump 2	12.15
10:54	800M	6		F7	Shot 3	13.00
10:58	800M	7		F8	Discus 3	12.20
11:02 11:06	800M 800M	8 9		F9 F10	Long Jump 3 Javelin 1	13.20 14.00
11:06	800W	10		F10 F11	Shot 4	14.00
11:10	800M	10		F11 F12	Long Jump 4	14.25
11:14	800M	11		F12 F13	Javelin 2	14.23
11:22	800M	13		F14	Triple Jump	15.30
11:26	800M	14		1	mpic sump	13.50
11:30	800M	15				
11:34	800M	16				
11:38	800M	10				
11:42	70Hurdles	1				
11:50	75Hurdles	1				
11:55	75Hurdles	2				
12:03	80Hurdles	1				
12:10	100/110Hurdles	1				
12:20	NEMAA 3K	All Women				
12:35	NEMAA 3K	M55, M60, M65+				
12:50	NEMAA 3K	M45 & M50				
13:05	NEMAA 3K	M35 & M40				
13:25	100M	1				
13:29	100M	2				
13:33	100M	3				
13:37	100M	4				
13:41	100M	5				
13:45	100M	6	<b> </b>			
13:49	100M	7				
13:53	100M	8				
13:57 14:01	100M 100M	9 10				
14:01	100M	10				
14:09	100M	11				
14:13	100M	13				
14:17	100M	13	<b>-</b>			
14:21	100M	15				
14:25	100M	16				
14:29	100M	17				
14:45	OPEN 3K	1	f			
15:03	OPEN 3K	2	·			
15:20	OPEN 3K	3	<b>1</b>			
15:35	OPEN 3K	4				-
15:50	OPEN 3K	5				



'		Race 1 300M Hurdles		Holding	Start
'		Runners In Race = 3		Area	Time
Lane	Num.	Name	Club	10:20	10:30
1	159	Mia Liddell	Gateshead Harriers	$\left  \right $	
2	474	Maisie French	North Shields Polytechnic Club		
3	522	Casey Stubbs	North Shields Polytechnic Club		
	<b> </b>	Race 2 400M Hurdles		Holding	Start
	<u> </u>	Runners In Race = 1		Area	Time
Lane	Num.	Name	Club	10:20	10:30
2		+			
3	<u> </u>			1 1	
4	<u> </u>			1 1	
5	577	Benjamin Schofield	Gateshead Harriers		
6		<u> </u> .			
7					
		Race 3 70M Hurdles		Holding	Star
		Runners In Race = 7		Area	Time
Lane	Num.	Name	Club	11:30	11:4
2	34	Millie Wilkinson	Blyth Running Club		
3	80	Saveena Mullin	Morpeth Harriers & AC		
4	87	Sadie Parker	Blyth Running Club		
5	89	Senna Gorvett	Blyth Running Club		
6	144	Martha Chapple	Gateshead Harriers		
7	169	Hannah Wilson	Blyth Running Club		
8	414	Faye Haynes	Gateshead Harriers		
·		Race 4 75M Hurdles (Heat 1)		Holding	Star
!		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	11:40	11:5
2	189	Jessica Doyle	Blaydon Harriers & AC		
3	135	Luke Pichler	Blyth Running Club		
4	554	Millie Train	Blyth Running Club		
5	14	Rebecca Harrison	Jarrow & Hebburn AC		
6	407	Jaye Cox	Hartlepool Youth Athletics Club		
7					



		Race 5 75M Hurdles (Heat 2)		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	11:45	11:5
2	147	Katie Irving	Carlisle Aspatria AC		
3	76	Hannah Lott	Morpeth Harriers & AC		
4	416	May McDonald	Blaydon Harriers & AC		
5	428	Grace Kyle	Gateshead Harriers		
6	109	Kaitlyn Waddell	Morpeth Harriers & AC		
7	99	Amy Stewart	South Shields Harrieres		
		Race 6 80M Hurdles		Holding	Star
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	11:55	12:0
2	525	Branden Dunlop	Ayr Seaforth		
3	522	Casey Stubbs	North Shields Polytechnic Club		
4	20	Lexi Brown	Jarrow & Hebburn AC		
5	47	Ashley Watson	Hartlepool Youth Athletics Club		
6	494	Kate Smith	Tynedale Harriers & AC		
	568	Brandon Revell	Sunderland Harriers & AC		
7	500				
7	508	Race 7 100M Hurdles		Holding	Star
7	508			Holding Area	
7 Lane	Num.	Race 7 100M Hurdles	Club	*+	Star Time 12:1
		Race 7 100M Hurdles Runners In Race = 1		Area	Tim
Lane		Race 7 100M Hurdles Runners In Race = 1 Name		Area	Time
Lane 2	Num.	Race 7 100M Hurdles Runners In Race = 1	Club	Area	Time
Lane 2 3	Num.	Race 7 100M Hurdles Runners In Race = 1 Name	Club	Area	Tim
Lane 2 3 4	Num.	Race 7 100M Hurdles Runners In Race = 1 Name	Club	Area	Tim
Lane 2 3 4 5	Num.	Race 7 100M Hurdles Runners In Race = 1 Name	Club	Area	Tim
Lane 2 3 4 5 6	Num.	Race 7 100M Hurdles Runners In Race = 1 Name Rebecca Ousby	Club	Area 12:00	Tim 12:1
Lane 2 3 4 5 6	Num.	Race 7 100M Hurdles Runners In Race = 1 Name Rebecca Ousby Race 8 110M Hurdles	Club	Area	Time 12:1
Lane 2 3 4 5 6 7	Num. 149	Race 7 100M Hurdles         Runners In Race = 1         Name         Rebecca Ousby         Rebecca Ousby         Race 8 110M Hurdles         Runners In Race = 1	Club Team Bath AC	Area 12:00	Time 12:1 Star Time
Lane 2 3 4 5 6 7 7 Lane	Num.	Race 7 100M Hurdles Runners In Race = 1 Name Rebecca Ousby Race 8 110M Hurdles	Club	Area 12:00	Time 12:1 Star Time
Lane 2 3 4 5 6 7 7 Lane 2	Num. 149	Race 7 100M Hurdles         Runners In Race = 1         Name         Rebecca Ousby         Rebecca Ousby         Race 8 110M Hurdles         Runners In Race = 1	Club Team Bath AC	Area 12:00	Tim 12:1
Lane 2 3 4 5 6 7 7 Lane 2 3	Num. 149	Race 7 100M Hurdles         Runners In Race = 1         Name         Rebecca Ousby         Rebecca Ousby         Race 8 110M Hurdles         Runners In Race = 1	Club Team Bath AC	Area 12:00	Time 12:1 Star Time
Lane 2 3 4 5 6 7 7 Lane 2 3 4	Num.	Race 7 100M Hurdles         Runners In Race = 1         Name         Rebecca Ousby         Race 8 110M Hurdles         Runners In Race = 1         Name	Club Club Club Club Club Club Club Club	Area 12:00	Time 12:1 Star Time
Lane 2 3 4 5 6 7 7 Lane 2 3	Num. 149	Race 7 100M Hurdles         Runners In Race = 1         Name         Rebecca Ousby         Rebecca Ousby         Race 8 110M Hurdles         Runners In Race = 1	Club Team Bath AC	Area 12:00	Time 12:1 Star Time



		Race 1 Of 17		Holding	Start
		Runners In Race = 5		Area	Time
Lane	Num.	Name	Club	13:15	13:25
2	486	Callum May	North Shields Polytechnic Club		
3	138	Ellie Kennedy	Gosforth Harriers AC		
4	557	Rachel Partington	Chester Le Street & Dist AC		
5	578	Rosie Porter	Stewartry AC		
6	562	Isla Rose Watson	Hartlepool Youth Athletics Club		
7					
		Race 2 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:19	13:29
2	507	Amelia Dale	Phoenix Flyers		
3	508	Martha Hiscock	Morpeth Harriers & AC		
4	418	Gabriella Evans	North Shields Polytechnic Club		
5	475	Lucy Fitzpatrick	North Shields Polytechnic Club		
6	500	Lauren Stoddart	Gateshead Harriers AC		
7	148	Angela Kelly	Giffnock North		
		Race 3 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:23	13:33
2	490	Owen Barron	Chester Le Street & Dist AC		
3	187	Millie Buck	Gateshead Harriers AC		
4	535	Aimee Broomby	Carlisle Aspatria AC		
5	412	Harriet Oma	Gateshead Harriers AC		
6	183	Kayleigh Wenn	Morpeth Harriers & AC		
7	480	Hollie-Anne Sudder	Chester Le Street & Dist AC		
		Race 4 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:27	13:37
2	516	Casey Graham	Heaton Harriers AC		
3	514	Sofia Risi	Heaton Harriers AC		
4	127	Jacob Waterston	Sunderland Harriers AC		
5	57	Jessica Bird	North Shields Polytechnic Club		
6	414	Faye Haynes	Gateshead Harriers AC		
7	151	Joe Willis	Sunderland Harriers AC		
		Race 5 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:31	13:41
2	409	Charley Mary Watson	Gateshead Harriers & AC		
3	406	Maisie Fuller	Houghton Harriers & AC		
4	549	Aneeka Bellamy-Evans	Houghton Harriers & AC		
5	109	Kaitlyn Waddell	Morpeth Harriers & AC		
6	54	Olivia Gent	Morpeth Harriers & AC		
7	453	Jessie Davison	North Shields Polytechnic Club		
	_	Race 6 Of 17	,	Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:35	13:45
2	120	Daniel Scott	Morpeth Harriers & AC		
3	428	Grace Kyle	Gateshead Harriers AC		
4	186	Lynsey Cunningham	Morpeth Harriers & AC		
5	563	Daniel Aveyard-Bolton	Hartlepool Youth Athletics Club		
5	-	,			
6	196	Laura Kincaid	Morpeth Harriers & AC		



		Race 7 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:39	13:49
2	517	Emelia Grundy	Morpeth Harriers & AC		
3	434	Lucy Webster	Gateshead Harriers & AC		
4	199	Jake Pang	North Shields Polytechnic Club		
5	80	Saveena Mullin	Morpeth Harriers & AC		
6	144	Martha Chapple	Gateshead Harriers AC		
7	32	Abigail Huntley	Blyth Running Club		
		Race 8 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:43	13:53
2	108	Abbie Ross	Morpeth Harriers & AC		
3	421	Lily Humphries	North Shields Polytechnic Club		
4	104	Elliot Robertson	North Shields Polytechnic Club		
5	75	Noah Scott	Gateshead Harriers & AC		
6	91	Courtney Barbour	Annan & District AC		
7	76	Hannah Lott	Morpeth Harriers & AC		
		Race 9 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:47	13:57
2	123	Paul Fisher	North Shields Polytechnic Club		
3	465	Victoria Hodgson	Morpeth Harriers & AC		
4	44	Peter Jobes	Heaton Harriers AC		
5	3	Stuart Lynn	North Shields Polytechnic Club		
6	101	Charlotte Earl	Morpeth Harriers & AC		
7	173	Ellie Wickens	Morpeth Harriers & AC		
		Race 10 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:51	14:01
2	553	Joseph Richards	Durham City Harriers		
3	181	Kate Williams	Gateshead Harriers & AC		
4	449	Lizzie Dyke	North Shields Polytechnic Club		
5	162	Madeleine Liddell	Gateshead Harriers & AC		
6	472	Anna Fitzpatrick	North Shields Polytechnic Club		
7	114	Alice Geoghegan	Morpeth Harriers & AC		
		Race 11 Of 17		Holding	Start
1	Nisses	Runners In Race = 6	Club	Area	Time
Lane	Num.	Name	Club	13:55	14:05
2	497 405	Michael Skirving Cameron Fletcher	Hartlepool Burn Road harriers North Shields Polytechnic Club		
4	405	Amy Lott	Morpeth Harriers & AC		
5	408	Melody Brooks	Morpeth Harriers & AC		
6	403	Joshua Chrisp	Blyth Running Club		
7	96	Lily White	Chester Le Street & Dist AC		
,		Race 12 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	13:59	14:09
2	471	Lily Lee	North Shields Polytechnic Club		
3	34	Millie Wilkinson	Blyth Running Club		
4	439	Matthew Inman	Gateshead Harriers & AC		
5	558	Grace Lovell	Gateshead Harriers & AC		
6	426	Laura Mole	North Shields Polytechnic Club		
			,		
7	561	Lily Mae Watson	Hartlepool Youth Athletics Club		



		Race 13 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	14:03	14:13
2	48	Daisy Percival	Gateshead Harriers & AC		
3	50	Rowan Mason	Birtley AC		
4	466	Trevor Hodgson	Morpeth Harriers & AC		
5	491	Mia Belton	Morpeth Harriers & AC		
6	410	Amelia Sherlock	Gateshead Harriers & AC		
7	92	Katherine Bell	Gateshead Harriers & AC		
		Race 14 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	14:07	14:17
2	547	Susan Folorunso	Gateshead Harriers & AC		
3	200	James Young	Carlisle Aspatria AC		
4	81	Joshua Adams	Morpeth Harriers & AC		
5	8	Phillippa Ellis	Gateshead Harriers & AC		
6	552	Max Marr	Morpeth Harriers & AC		
7	33	Paul Dodds	North Shields Polytechnic Club		
		Race 15 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	14:11	14:21
2	95	Rebecca Grieve	Pitreavie AC		
3	188	James Mole	North Shields Polytechnic Club		
4	536	Ulrich Lawson	Gateshead Harriers & AC		
5	430	Liam Townson	Derwentside AC		
6	523	Dylan Love	Gateshead Harriers & AC		
7	445	Jack Garrett	Gateshead Harriers & AC		
		Race 16 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	14:15	14:25
2	42	Joshua Hickson	Gateshead Harriers & AC		
3	190	Joy Eze	Gateshead Harriers AC		
4	45	Philip Pitt	Morpeth Harriers & AC		
5	53	Owen Henderson	Blaydon Harriers		
6	463	Aaron Lillistone	Gateshead Harriers & AC		
7	17	Adam Scullion	Gateshead Harriers & AC		
		Race 17 Of 17		Holding	Start
		Runners In Race = 6		Area	Time
Lane	Num.	Name	Club	14:19	14:29
2	525	Branden Dunlop	Ayr Seaforth		
3	184	David Storey	Morpeth Harriers & AC		
4	413	Joel Brown-king	Gateshead Harriers & AC		
5	438	Matthew Lawson	Gateshead Harriers		
6	137	Alfie ward	Blyth Running Club		
7	528	Ethan Schulenburg-Calvert	East Lothian		

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	Race 1 Of 17		Holding	Start
	Runners in Race = 5		Area	Time
Num.	Name	Club	10:20	10:34
140	Luke Stewart	Blyth Running Club		
563	Daniel Aveyard-Bolton	Hartlepool Youth Athletics Club		
556	Sydney Bungay	Elswick Harriers		
478	Rebecca Allan	Blyth Running Club		
182	Huw Gowdy	Phoenix Flyers AC		
	Race 2 Of 17		Holding	Start
	Runners in Race = 5		Area	Time
Num.	Name	Club	10:24	10:38
524	Ben Atkinson	North Shields Polytechnic Club		
515	Bea Thew	North Shields Polytechnic Club		
480	Hollie-Ann Sudder	Chester Le Street & Dist AC		
520	Harry Mason	Durham City Harriers & AC		
134	Hope Moir	Tyne Bridge Harriers		
	-			
	Race 3 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:28	10:42
431	Darcy Lines	Chester Le Street & Dist AC		
488	Amelia Jones	Chester Le Street & Dist AC		
501	Joanna Hughes	Blackhill Bounders		
459	Joseph Ashman	Gosforth Harriers & AC		
485	Erin Blight	Elswick Harriers		
73	Niamh Adams	Blyth Running Club		
	Race 4 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:32	10:46
550	Lydia Wilkinson	Gosforth Harriers & AC		
498	Freya Johnson	Blyth Running Club		
120	Daniel Scott	Morpeth Harriers & AC		
548	Nina Hirt	Tyne Bridge Harriers		
456	Charlie Furness	North Shields Polytechnic Club		
533	Emma White	South Shields Harriers & AC		
	Race 5 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:36	10:50
560	Lilia Purvis	Alnwick Harriers		
458	Emma Ashman	Gosforth Harriers & AC		
424	Lauren Creaby	Blyth Running Club		
470	Jonathon Maley	North Shields Polytechnic Club		
565	Lindsey Quinn	Morpeth Harriers & AC		
574	Cary Purves	Gosforth Harriers & AC		
	Race 6 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:40	10:54
469	Matthew Maley	North Shields Polytechnic Club		
185	Grace Carter	Durham City Harriers & AC		
97	Ellis Ward	Phoenix Flyers AC		
540	Arran Benjamin Head	North Shields Polytechnic Club		
6	Carl Marchant	Hartlepool Burn Road Harriers		
564	Bella Russell	Elswick Harriers		

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	Race 7 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:44	10:58
487	Ella Jones	Chester Le Street & Dist AC		
151	Joe Willis	Sunderland Harriers & AC		
435	Neil Dick	North Shields Polytechnic Club		
422	Caitlyn Davies	North Shields Polytechnic Club		
545	Jessica Anne Ord	Gateshead Harriers & AC		
71	Niamh Kemp	Phoenix Flyers AC		
	Race 8 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:48	11:02
72	Dominic Kemp	Phoenix Flyers AC		
448	Oliver Tomlinson	Morpeth Harriers & AC		
559	lan Brown	North Shields Polytechnic Club		
7	Darcey Tullis	Jarrow & Hebburn AC		
546	Fraser Bigg	Tyne Bridge Harriers		
483	Emily Allison	Elswick Harriers		
	Race 9 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:52	11:06
113	Poppy Wilde	Elswick Harriers	10.52	_1.00
427	Annabel Milburn	Gateshead Harriers & AC		
102	Timmy Crampton	Phoenix Flyers AC		
102	Lucy Milburn	Elswick Harriers		
11	Ryan King	Houghton Harriers & AC		
100	Paul Bellingham	Morpeth Harriers & AC		
100	Race 10 Of 17	Morpeti Hamers & Ac	Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	10:56	11:10
510	Annie Hutchinson	Gosforth Harriers & AC	10.50	11.10
142	Charles McManus	North Shields Polytechnic Club		
142	Katie Joslyn	North Shields Polytechnic Club		
137	Hannah Bowyer	Blackhill Bounders		
512	Imogen Bungay	Elswick Harriers		
138		Gosforth Harriers & AC		
130	Ellie Kennedy Race 11 Of 17	Gostorti Harriers & AC	11-1-1:	Chart
	Runners in Race = 6		Holding	Start
Niuma		Club	Area	Time
Num.	Name		11:00	11:14
90	Luke Foster	Phoenix Flyers AC		
425	Jessica Milburn	Gateshead Harriers & AC		
566	Neil McAnany	Morpeth Harriers & AC		
570	Faye Landless	Gosforth Harriers & AC		
160	Thomas Pigford	Houghton Harriers & AC		
467	Caitlin Flanagan	Morpeth Harriers & AC		<b>.</b>
	Race 12 Of 17		Holding	Start
	Runners in Race = 6	~ .	Area	Time
Num.	Name	Club	11:04	11:18
460	Sam Allison	Elswick Harriers		
31	Tommy Brannon	North Shields Polytechnic Club		
180	Anna Pigford	Houghton Harriers & AC		
464	Abigail Leiper	Morpeth Harriers & AC		
83	Poppy Old	Elswick Harriers		
528	Alice Lewis	Gosforth Harriers & AC		



	Race 13 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	11:08	11:22
60	Benjamin Weston	South Shields Harriers & AC		
61	Zara Jones	Darlington H & AC		
569	Norman De Bruin	North Shields Polytechnic Club		
519	Sam Mason	Durham City Harriers & AC		
511	Henry Madden	Blyth Running Club		
68	Joseph Close	Morpeth Harriers & AC		
	Race 14 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	11:12	11:26
451	Jason Catterall	Durham City Harriers & AC		
56	Thomas Bird	North Shields Polytechnic Club		
98	Ryan Stewart	South Shields Harriers & AC		
521	Nisha Desai	Morpeth Harriers & AC		
37	Owen Hedley	Jarrow & Hebburn AC		
499	Kate Salthouse	Tynedale Harriers		
	Race 15 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	11:16	11:30
165	Liam Roche	Morpeth Harriers & AC		
174	Lewis Liddle	Elswick Harriers		
505	Connor Marshall	Morpeth Harriers & AC		
567	Dillon Revell	Sunderland Harriers & AC		
538	Ewen Christie	Gala Harriers		
141	Joseph Reeve	Richmond & Zetland Harriers		
	Race 16 Of 17		Holding	Start
	Runners in Race = 6		Area	Time
Num.	Name	Club	11:20	11:34
112	Sam Terry	Durham City Harriers & AC		
429	Scott Temple	Hartlepool Youth Athletics Club		
541	Lachlan Buchanan	Inverness Harriers AC		
119	Corey Campbell	Team East Lothian		
503	Duncan Hughes	Blackhill Bounders		
106	Joseph Anderson	Morpeth Harriers & AC		
	Race 17 Of 17	•	Holding	Start
	Runners in Race = 12		Area	Time
Num.	Name	Club	11:24	11:38
115	Oliver Telfer	Alnwick Harriers		
462	Keith Hutchinson	Hartlepool Burn Road Harriers		
572	Alistair Douglas	Morpeth Harriers & AC		
171	Will Bellamy	Houghton Harriers & AC		
573	Luke Pickering	Houghton Harriers & AC		
84	Zak Old	North Shields Polytechnic Club		



		Race 1 Of 5 Runners in Race = 10		Holding Area	Star Tim
Lane	Num.	Runners in Race = 10 Name	Club	Area 14:35	14:4
				14:35	14:4
1		James Tilley	Morpeth Harriers & AC		
2		Jake Moir	Tynebridge Harriers	_	
3		Gracie Davies	North Shields Polytechnic Club	_	
4		Tabitha Robson	Morpeth Harriers & AC		
5	-	Macy Kelly	Darlington H & AC		
6		Hannah Wightman	Gosforth Harriers & AC		
7		Lauren Jones	Chester Le Street & Dist AC		
8	197	Libby Hammond	Darlington H & AC		
9	496	Imogen King	Elswick Harriers		
10	477	Jordan Meikle	Blackhill Bounders		
		Race 2 Of 5		Holding	Sta
		Runners in Race = 10		Area	Tim
Lane	Num.	Name	Club	14:55	15:0
1	111	Amy Fuller	Elswick Harriers		
2		Gemma Harcombe-Moore	New Marske Harriers		
3		Catriona MacDonald	Morpeth Harriers & AC		
4		Harry Furness	North Shields Polytechnic Club		
5		Katie Francis	Birtley AC		
6		Louise Brett	Darlington H & AC		
6 7		Louise Breπ Marissa Boon			
			Darlington H & AC		
8		Charlotte Dillon	Durham City Harriers & AC	+ +	
9		Jess Sails	Tynedale Harriers		
10	110	Millie Breese	Morpeth Harriers & AC		
11					
		Race 3 Of 5		Holding	Sta
		Runners in Race = 10		Area	Tim
Lane	Num.	Name	Club	15:10	15:2
1	179	Harry Lyons	Darlington H & AC		
2		Samuel Tate	Morpeth Harriers & AC		
3		Oliver Douglas	Gateshead Harriers & AC		
4		Matthew Walton	Morpeth Harriers & AC		
5	4	Innes Curran	Gateshead Harriers & AC		
6		Scott Thompson	Blackhill Bounders		
7		· ·	Morpeth Harriers & AC		
8		Ralph Robson	Darlington H & AC		
-		Alex Boyer Abiel Asmelash			
9			TS Harriers		
10	518	Harry Wilson	Darlington H & AC		
11	<u> </u>				
		Race 4 Of 5		Holding	Star
		Dummens in Dees - 10			
		Runners in Race = 10		Area	Tim
Lane	Num.	Name	Club	Area 15:25	
Lane 1	Num. 41		Club Morpeth Harriers & AC		
		Name			
1	41 28	Name Thomas Innes	Morpeth Harriers & AC		
1 2	41 28 404	Name Thomas Innes Mark Snowball	Morpeth Harriers & AC Morpeth Harriers & AC		
1 2 3	41 28 404 441	Name Thomas Innes Mark Snowball Bertie Marr	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC		
1 2 3 4	41 28 404 441 509	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC		
1 2 3 4 5	41 28 404 441 509 176	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond Ryan Eden	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC		
1 2 3 4 5 6	41 28 404 441 509 176 579	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond Ryan Eden Silas Christie	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club		
1 2 3 4 5 6 7 8	41 28 404 441 509 176 579 415	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond Ryan Eden Silas Christie Rebecca Johnson Oliver Aird	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers		
1 2 3 4 5 6 7 8 9	41 28 404 441 509 176 579 415 164	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond Ryan Eden Silas Christie Rebecca Johnson Oliver Aird Harry Courtney	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers		
1 2 3 4 5 6 7 8 9 10	41 28 404 441 509 176 579 415 164 504	Name Thomas Innes Mark Snowball Bertie Marr Ethan Bond Ryan Eden Silas Christie Rebecca Johnson Oliver Aird Harry Courtney Ryan Davies	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC		
1 2 3 4 5 6 7 8 9	41 28 404 441 509 176 579 415 164 504	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers		15:3
1 2 3 4 5 6 7 8 9 10	41 28 404 441 509 176 579 415 164 504	Name           Thomas Innes           Mark Snowball           Bertie Marr           Ethan Bond           Ryan Eden           Silas Christie           Rebecca Johnson           Oliver Aird           Harry Courtney           Ryan Davies           William De Vere Owen           Race 5 Of 5	Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC	15:25	15:
1 2 3 4 5 6 7 8 9 10 11	41 28 404 441 509 176 579 415 164 504 461	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC	15:25	15:3
1 2 3 4 5 6 7 8 9 10 11 11 Lane	41 28 404 441 509 176 579 415 164 504 461	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1	41 28 404 441 509 176 579 415 164 504 461 804 461 804 461 804 804 804 804 804 804 804 804 804 804	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1 2	41 28 404 441 509 176 579 415 164 504 461 Num. 476 446	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1	41 28 404 441 509 176 579 415 164 504 461 Num. 476 446	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1 2	41 28 404 441 509 176 579 415 164 504 461 Num. 476 446 532	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Norpeth Harriers & AC	15:25	15:3
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1 2 3	41 28 404 441 509 176 579 415 164 504 461 Num. 476 446 532 193	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow	15:25	15:3
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1 2 3 4	41 28 404 441 509 176 579 415 164 504 461 804 461 804 461 804 461 804 804 804 804 804 804 804 804 804 804	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale         Ethan McGlen	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow Gateshead Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 Lane 1 2 3 4 5	41 28 404 441 509 176 579 415 164 504 461 804 461 804 461 804 461 804 804 804 804 804 804 805 804 805 805 805 805 805 805 805 805 805 805	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale         Ethan McGlen         Tommy Shaw         David Race	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow Gateshead Harriers & AC City Of York Gateshead Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 2 3 4 5 6 7	41 28 404 441 509 176 579 415 164 504 461 804 461 804 461 532 193 156 155 542	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale         Ethan McGlen         Tommy Shaw         David Race         Jonny Evans	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow Gateshead Harriers & AC City Of York Gateshead Harriers & AC Houghton Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 2 3 4 5 6 7 8	41 28 404 441 509 176 579 415 164 504 461 804 461 804 461 804 461 532 193 156 155 542 411	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale         Ethan McGlen         Tommy Shaw         David Race         Jonny Evans         Josh Blevins	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC Club Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow Gateshead Harriers & AC City Of York Gateshead Harriers & AC Houghton Harriers & AC	15:25	15:3 Star
1 2 3 4 5 6 7 8 9 10 11 11 2 3 4 5 6 7	41 28 404 441 509 176 579 415 164 504 461 504 461 504 461 532 193 156 155 542 411 526	Name         Thomas Innes         Mark Snowball         Bertie Marr         Ethan Bond         Ryan Eden         Silas Christie         Rebecca Johnson         Oliver Aird         Harry Courtney         Ryan Davies         William De Vere Owen         Race 5 Of 5         Runners in Race = 11         Name         Sam Hancox         David Green         Luca Minale         Ethan McGlen         Tommy Shaw         David Race         Jonny Evans	Morpeth Harriers & AC Morpeth Harriers & AC Gosforth Harriers & AC Gosforth Harriers & AC North Shields Polytechnic Club Gosforth Harriers & AC Highgate Wallsend Harriers Tynedale Harriers Morpeth Harriers & AC Morpeth Harriers & AC Morpeth Harriers & AC North Shields Polytechnic Club Victoria Park Glasgow Gateshead Harriers & AC City Of York Gateshead Harriers & AC Houghton Harriers & AC	15:25	Tim 15:3 Star Tim 15:5

		En A	IA JU		U	
		Race 1 Of 5 NEMAA Womens Race			Holding Area	Start Time
Lane	Num.	Name	Club	Cat.	12:10	12:20
1	64	Alexis Dodd	Jarrow & Hebburn AC	FO35	12.10	12.20
2	55		Gateshead Harriers & AC	F035		
3	482	Kimberly Simpson Ellen Roberts	Heaton Harriers & AC	F035		
4	158	Fran Dembele	South Shields Harriers & AC	F035		
 5	51		Elvet Striders			
6	403	Katy Walton	South Shields Harriers & AC	FO35 FO35		
7	403		North Shields Polytechnic Club	F035 F040		
-	442	Carla Maley	1	F040 F040		
8	-		Elswick Harriers			
9	136 555		North Shields Polytechnic Club	F045		
10	-	Susanne Stephenson	Elswick Harriers	FO50		
11	473	Roselle Oberholzer	Blaydon Harrier & AC	FO55		
12	36	Fiona Gilchrist	Tyne Bridge Harriers	F055		
13	85 420	_	Blyth Running Club	F060		
14	420	Christine Anne Woods	Durham City Harriers & AC	FO60		
	· · · · · · · · · · · · · · · · · · ·	<b>Race 2 Of 5</b> NEMAA MO55, MO60, MO6	5		Holding Area	Start Time
Lane	Num.	Name	Club	Cat.	12:25	12:35
1	21	Greg Penn	North Shields Polytechnic Club	M055		
2	444	Tim Field	Sunderland Harriers & AC	M055		
3	69	Darren Suleman	North Shields Polytechnic Club	M055		
4	5		North Shields Polytechnic Club	M055		
5	94		Blyth Running Club	M055		
6	493	Simon Allen	Elswick Harriers	M055		
7	401	Andrew Talbot	Aycliffe Running Club	M060		
8	70		Morpeth Harriers & AC	MO60		
9	129		Notts AC	M065		
10	86	Gavin Bayne	Morpeth Harriers & AC	M065		
11	132	, David Nicholson	Morpeth Harriers & AC	MO65		
12	402	Ray Smedley	Ponteland Runners	M065		
		Race 3 Of 5			Holding	Start
		NEMAA MO45, MO50			Area	Time
Lane	Num.	Name	Club	Cat.	12:40	12:50
1	13	Alastair Johnson	Gosforth Harriers & AC	MO45		
2	2		Morpeth Harriers & AC	MO45		
3	78		Richmond & Zetland Harriers	MO45		
	484	Steve Allison	Ponteland Runners	MO45		
4	26	Ivan Thorn	North Shields Polytechnic Club	MO45		
5	12	NIL Cartha	• • • • • • • • • • • • • • • • • • • •		1 I	
5 6		Nic Crofts	Blyth Running Club	MO45		
5 6 7	18	Garry Reay	Jarrow & Hebburn AC	M050		
5 6 7 8	18 481	Garry Reay James Thompson	Jarrow & Hebburn AC North Shields Polytechnic Club	MO50 MO50		
5 6 7 8 9	18 481 497	Garry Reay James Thompson Michael Skirving	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers	MO50 MO50 MO50		
5 6 7 8	18 481	Garry Reay James Thompson	Jarrow & Hebburn AC North Shields Polytechnic Club	MO50 MO50		
5 6 7 8 9	18 481 497	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers	MO50 MO50 MO50	Holding	Start
5 6 7 8 9 10 11	18 481 497 178	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC	MO50 MO50 MO50 MO50	Area	Time
5 6 7 8 9 10 11 Lane	18 481 497 178 Num.	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club	MO50 MO50 MO50 MO50 Cat.		Time
5 6 7 8 9 10 11 11 Lane	18 481 497 178 Num. 530	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC	MO50 MO50 MO50 MO50 Cat. MO35	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2	18 481 497 178 Num. 530 43	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders	MO50 MO50 MO50 MO50 <b>Cat.</b> MO35 MO35	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3	18 481 497 178 <b>Num.</b> 530 43 492	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson Marc Fenwick	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers	MO50 MO50 MO50 MO50 Cat. MO35 MO35	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4	18 481 497 178 <b>Num.</b> 530 43 492 1	Garry Reay James Thompson Michael Skirving David Kennedy <b>Race 4 Of 5</b> NEMAA MO35, MO40 <b>Name</b> Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers	M050 M050 M050 M050 Cat. M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4 5	18 481 497 178 530 43 492 1 38	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC	M050 M050 M050 M050 Cat. M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4 5 6	18 481 497 178 530 43 492 1 38 39	Garry Reay James Thompson Michael Skirving David Kennedy <b>Race 4 Of 5</b> NEMAA MO35, MO40 <b>Name</b> Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC	M050 M050 M050 M050 Cat. M035 M035 M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4 5 6 7	18 481 497 178 530 43 492 1 38 39 44	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith Peter Jobes	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC Heaton Harriers & AC	M050 M050 M050 M050 Cat. M035 M035 M035 M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 11 2 3 4 5 6 7 8	18 481 497 178 530 43 492 1 38 39 44 454	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith Peter Jobes Paul Waller	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC Heaton Harriers & AC Gateshead Harriers & AC	M050 M050 M050 M050 M050 Cat. M035 M035 M035 M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4 5 6 7 8 9	18         481         497         178         530         43         492         1         38         39         44         454         74	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith Peter Jobes Paul Waller Wesley Tarn	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC Heaton Harriers & AC Gateshead Harriers & AC Darlington H & AC	M050 M050 M050 M050 M050 Cat. M035 M035 M035 M035 M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 2 3 4 5 6 7 7 8 9 9 10	18         481         497         178         530         43         492         1         38         39         44         454         74         124	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Name Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith Peter Jobes Paul Waller Wesley Tarn Steven Medd	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC Heaton Harriers & AC Gateshead Harriers & AC Darlington H & AC Gateshead Harriers & AC	M050 M050 M050 M050 M035 M035 M035 M035	Area	Time
5 6 7 8 9 10 11 11 Lane 1 2 3 4 5 6 7 8 9	18         481         497         178         530         43         492         1         38         39         44         454         74	Garry Reay James Thompson Michael Skirving David Kennedy Race 4 Of 5 NEMAA MO35, MO40 Conrad Franks Stephen Jackson Marc Fenwick Simon Bennett Andy Graham Carl Smith Peter Jobes Paul Waller Wesley Tarn Steven Medd Anthony Wilson	Jarrow & Hebburn AC North Shields Polytechnic Club Hartlepool Burn Road Harriers South Shields Harriers & AC Club Gateshead Harriers & AC Elvet Striders Tyne Bridge Harriers Hartlepool Burn Road Harriers Sunderland Harriers & AC Jarrow & Hebburn AC Heaton Harriers & AC Gateshead Harriers & AC Darlington H & AC	M050 M050 M050 M050 M050 Cat. M035 M035 M035 M035 M035 M035 M035 M035	Area	Start Time 13:05



	Event			Reg. By	Holding Area	Prov. Start
1	First Long Jump			10:15	10:35	11:00
		ateshead Harriers & AC	FU13			
		/th Running Club	FU13			
		orpeth Harriers & AC	FU15			
~ ~		ateshead Harriers & AC	FU15			
		orpeth Harriers & AC	FU17			
		orth Shields Polytechnic Club	FU13			
		orth Shields Polytechnic Club	FU13			
		orth Shields Polytechnic Club	FU17			
		oexix Flyers AC	FU13			
		oughton Harriers & AC	FU13			
	anoona Bonany Evano	-				
2	First Shot			10:15	10:35	11:0
22	Trevor Straker No	orth Shields Polytechnic Club	MO65			
		ateshead Harriers & AC	FSen			
		orth Shields Polytechnic Club	MU20			
		chmond & Zetland Harriers	MO40			
		allsend Harriers & AC	MO50			
		uth Shields Harriers & AC	MO45			
		w Marske Harriers	MO35			
		nedale Harriers & AC	MO60			
	· · · · · · · · · · · · · · · · · · ·	/ale Combined AC	MO55			
				40.45	10.05	
-3	First Discuss			10:15	10:35	11:0
		tley AC	MU15			
23	Skye Marshall Ga	ateshead Harriers & AC	FU13			
23 35	Skye Marshall Ga Leila Thompson Aln	ateshead Harriers & AC	FU13 FU13			
23 35 49	Skye Marshall Ga Leila Thompson Aln Edward Gardiner Mo	ateshead Harriers & AC nwick Harriers orpeth Harriers & AC	FU13 FU13 MU15			
23 35 49	Skye Marshall Ga Leila Thompson Aln Edward Gardiner Mo	ateshead Harriers & AC	FU13 FU13			
23 35 49 52 121	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga	ateshead Harriers & AC nwick Harriers orpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen			
23 35 49 52 121 150	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic	ateshead Harriers & AC hwick Harriers orpeth Harriers & AC orpeth Harriers & AC	FU13 FU13 MU15 FU17 FSen MSen			
23 35 49 52 121 150 9	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic       Ellie O'Halloran     Jar	ateshead Harriers & AC nwick Harriers orpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen			
23 35 49 52 121 150 9	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic       Ellie O'Halloran     Jar	ateshead Harriers & AC hwick Harriers orpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale)	FU13 FU13 MU15 FU17 FSen MSen			
23 35 49 52 121 150 9 152	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic       Ellie O'Halloran     Jar       Aaron Holliday     Ca	ateshead Harriers & AC hwick Harriers orpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC	FU13 FU13 MU15 FU17 FSen MSen FU20			
23 35 49 52 121 150 9 152	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic       Ellie O'Halloran     Jar       Aaron Holliday     Ca	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17			
23 35 49 52 121 150 9 152 175	Skye Marshall     Ga       Leila Thompson     Aln       Edward Gardiner     Mo       Jessica Gardiner     Mo       Emily Stewart     Ga       Daniel Seaman     Mic       Ellie O'Halloran     Jar       Aaron Holliday     Ca	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175	Skye Marshall       Ga         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Ga         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Ca         Thomas Mann       Ga         Second Shot       Ga	ateshead Harriers & AC hwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17 MU15	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 	Skye Marshall       Ga         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Ga         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Ca         Thomas Mann       Ga         Second Shot       Mo	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17 MU15 FU15	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>:4</b> 16 46	Skye Marshall       Gai         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gai         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Cai         Thomas Mann       Gai         Second Shot       Mo         Georgia Tumer       Mo         Fynn Errington       Birt	ateshead Harriers & AC hwick Harriers orpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17 MU15 FU15 MU15	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b> <b>-</b>	Skye Marshall       Gai         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gai         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Cai         Thomas Mann       Gai         Second Shot       Georgia Tumer         Fynn Errington       Birt         Lexie Ellis       Gai	ateshead Harriers & AC hwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC prpeth Harriers & AC tley AC ateshead Harriers & AC	FU13 FU13 MU15 FU17 FSen MSen FU20 MU17 MU15 FU15 FU15 FU15	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>4</b> 16 46 59 77	Skye Marshall       Gai         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gai         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Cai         Thomas Mann       Gai         Second Shot       Image: Second Shot         Georgia Tumer       Mo         Fynn Errington       Birt         Lexie Ellis       Gai         Amy Lott       Mo	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC prpeth Harriers & AC tley AC ateshead Harriers & AC prpeth Harriers & AC	FU13 FU13 FU17 FSen MSen FU20 MU17 MU15 FU15 FU15 FU15 FU17	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>4</b> 16 46 59 77 91	Skye Marshall       Gar         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gar         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Car         Thomas Mann       Gar         Second Shot       Image: Car         Georgia Tumer       Mo         Fynn Errington       Birt         Lexie Ellis       Gar         Amy Lott       Mo         Courtney Barbour       Anr	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC prpeth Harriers & AC tley AC ateshead Harriers & AC prpeth Harriers & AC protection of the	FU13 FU13 FU17 FSen MSen FU20 MU17 MU15 FU15 FU15 FU15 FU15 FU15	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>4</b> 16 46 59 77 91 97	Skye Marshall       Gai         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gai         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Cai         Thomas Mann       Gai         Second Shot       Image: Cai         Georgia Tumer       Mo         Fynn Errington       Birt         Lexie Ellis       Gai         Amy Lott       Mo         Filis Ward       Pho	ateshead Harriers & AC hwick Harriers prpeth Harriers & AC orpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC teshead Harriers & AC teshead Harriers & AC orpeth Harriers & AC nan & District AC oenix Flyers AC	FU13 FU13 FU17 FSen MSen FU20 MU17 MU15 FU15 FU15 FU15 FU15 FU15 MU13	11:15	11:35	12:0
23 35 49 52 121 150 9 152 175 <b>-4</b> 16 46 59 77 91 97 131	Skye Marshall       Gai         Leila Thompson       Aln         Edward Gardiner       Mo         Jessica Gardiner       Mo         Emily Stewart       Gai         Daniel Seaman       Mic         Ellie O'Halloran       Jar         Aaron Holliday       Cai         Thomas Mann       Gai         Second Shot       Image: Cai         Georgia Tumer       Mo         Fynn Errington       Birt         Lexie Ellis       Gai         Amy Lott       Mo         Allan Brownrigg       Noi	ateshead Harriers & AC nwick Harriers prpeth Harriers & AC prpeth Harriers & AC ateshead Harriers & AC ddlesbrough Athletic Club (Mandale) rrow & Hebburn AC arlisle Aspatria AC ateshead Harriers & AC prpeth Harriers & AC tley AC ateshead Harriers & AC prpeth Harriers & AC protection of the	FU13 FU13 FU17 FSen MSen FU20 MU17 MU15 FU15 FU15 FU15 FU15 FU15		11:35	12:0



F5	Second Discus			11:15	11:35	12:00
40	Talia Thompson	Alnwick Harriers	FU17			
	Fraser Wright	Thames Valley Harriers	MSen			
	William Schofield	Sale Harriers	MSen			
88	Grace McDonald	Middlesbrough Athletic Club (Mandale)	FU17			
93	Joe Martin	Unattached	MSen			
168	Dylan Keogh	Phoenix Flyers AC	MU13			
	Danny Gracie	Border Harriers	MU20			
	Ayesha Bajwa	Gateshead Harriers & AC	FU17			
	Eve Robson	Middlesbrough Athletic Club (Mandale)	FU20			
	Aran Thomas	Wakefield District Harriers	MU20			
F6	Second Long Jump			11:30	11:50	12:15
	Joshua Hickson	Gateshead Harriers & AC	MU17			
	Rowan Mason	Birtley AC	MU17			
127	Jacob Waterston	Sunderland Harriers & AC	MU13			
430	Liam Townson	Derwentside AC	MU17			
486	Callum May	North Shields Polytechnic Club	MU15			
490	Owen Barron	Chester Le Street & Dist AC	MU13			
529	Ethan Schulenburg-Calvert	East Lothian	MU20			
552	Max Marr	Morpeth Harriers & AC	MU17			
553	Joseph Richards	Durham City Harriers & AC	MU15			
117	Lucy Turner	Gateshead Harriers & AC	FSen			
F7	Third Shot			12:15	12:35	13:00
9	Ellie O'Halloran	Jarrow & Hebburn AC	FU20			
15	Ryan Cook	Birtley AC	MU15			
47	Ashley Watson	Hartlepool Youth Athletics Club	FU17			
			FU15			
105	Grace Arthur	Jarrow & Hebburn AC				
	Grace Arthur Kaitlin Enderwick					
128	Kaitlin Enderwick	Jarrow & Hebburn AC Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC				
128 147		Middlesbrough Athletic Club (Mandale)	FSen			
128 147 152	Kaitlin Enderwick Katie Irving Aaron Holliday	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC	FSen FU15 MU17			
128 147 152 175	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC	FSen FU15 MU17 MU15			
128 147 152 175 478	Kaitlin Enderwick Katie Irving Aaron Holliday	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club	FSen FU15 MU17			
128 147 152 175 478	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC	FSen FU15 MU17 MU15 FU13			
128 147 152 175 478 150	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club	FSen FU15 MU17 MU15 FU13	12:15	12:35	13:00
128 147 152 175 478 150	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club	FSen FU15 MU17 MU15 FU13	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman Third Discus	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale)	FSen FU15 MU17 MU15 FU13 MSen	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale)	FSen FU15 MU17 MU15 FU13 MSen MO65	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale)	FSen FU15 MU17 FU13 MSen MO65 FU15	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65 67	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser Kate Carmichael	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale) North Shields Polytechnic Club VP City of Glasgow Gateshead Harriers & AC	FSen FU15 MU17 FU13 MSen MO65 FU15 FSen	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65 65 65 67 82	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser Kate Carmichael James Wordsworth Dan Upton	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale) North Shields Polytechnic Club VP City of Glasgow Gateshead Harriers & AC North Shields Polytechnic Club	FSen FU15 MU17 FU13 MSen MO65 FU15 FSen MU20	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65 67 82 107	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser Kate Carmichael James Wordsworth Dan Upton Paul Corrigan	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale) Middlesbrough Athletic Club (Mandale) VP City of Glasgow Gateshead Harriers & AC North Shields Polytechnic Club Richmond & Zetland Harriers Wallsend Harriers & AC	FSen FU15 MU17 FU13 MSen MO65 FU15 FSen MU20 MO40 MO50	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65 67 82 107 143	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser Kate Carmichael James Wordsworth Dan Upton Paul Corrigan Will Cowley	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale) North Shields Polytechnic Club VP City of Glasgow Gateshead Harriers & AC North Shields Polytechnic Club Richmond & Zetland Harriers Wallsend Harriers & AC	FSen FU15 MU17 MU15 FU13 MSen MO65 FU15 FSen MU20 MO40 MO50 MSen	12:15	12:35	13:00
128 147 152 175 478 150 <b>F8</b> 22 25 65 67 82 107 143 195	Kaitlin Enderwick Katie Irving Aaron Holliday Thomas Mann Rebecca Allan Daniel Seaman <b>Third Discus</b> Trevor Straker Courtney Fraser Kate Carmichael James Wordsworth Dan Upton Paul Corrigan	Middlesbrough Athletic Club (Mandale) Carlisle Aspatria AC Carlisle Aspatria AC Gateshead Harriers & AC Blyth Running Club Middlesbrough Athletic Club (Mandale) Middlesbrough Athletic Club (Mandale) VP City of Glasgow Gateshead Harriers & AC North Shields Polytechnic Club Richmond & Zetland Harriers Wallsend Harriers & AC	FSen FU15 MU17 FU13 MSen MO65 FU15 FSen MU20 MO40 MO50	12:15	12:35	13:00



F9	Third Long Jump		T	12:35	12:55	13:20
	Rebecca Harrison	Jarrow & Hebburn AC	FU15			
20	Lexi Brown	Jarrow & Hebburn AC	FU17			
87	Sadie Parker	Blyth Running Club	FU13			
	Senna Gorvett	Blyth Running Club	FU13			
	Luke Pichler	Blyth Running Club	MU13			
	Hannah Wilson	Blyth Running Club	FU13			
	Jessica Doyle	Blaydon Harrier & AC	FU15			
	Thomas Paterson	Jarrow & Hebburn AC	MU17			
	Carson Graham	Shettleston Harriers	MO40			
	Millie Train	Blyth Running Club	FU15			
004						
F10	First Javelin			13:15	13:35	14:00
23	Skye Marshall	Gateshead Harriers & AC	FU13			
24	Cameron Marshall	Gateshead Harriers & AC	MU15			
27	Phoebe Hall	Gateshead Harriers & AC	FU13			
35	Leila Thompson	Alnwick Harriers	FU13			
49	Edward Gardiner	Morpeth Harriers & AC	MU15			
114	Alice Geoghegan	Morpeth Harriers & AC	FU17			
125	Bobbie Griffiths	Morpeth Harriers & AC	FU20			
139	Niamh Brennan	Gateshead Harriers & AC	FU20			
F11	Fourth Shot			13:15	13:35	14:00
	Fourth Shot Lucy Giles	Gateshead Harriers & AC	FU20	13:15	13:35	14:00
10		Gateshead Harriers & AC Middlesbrough Athletic Club (Mandale)	FU20 FU20	13:15	13:35	14:00
10	Lucy Giles			13:15	13:35	14:00
10 30 40	Lucy Giles Eve Robson	Middlesbrough Athletic Club (Mandale)	FU20	13:15	13:35	14:00
10 30 40 66	Lucy Giles Eve Robson Talia Thompson	Middlesbrough Athletic Club (Mandale) Alnwick Harriers	FU20 FU17	13:15	13:35	14:00
10 30 40 66 116	Lucy Giles Eve Robson Talia Thompson Rosie Rice	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC	FU20 FU17 FU20	13:15	13:35	14:00
10 30 40 66 116 121	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC Alnwick Harriers	FU20 FU17 FU20 MU17	13:15	13:35	14:00
10 30 40 66 116 121 126	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC Alnwick Harriers Gateshead Harriers & AC	FU20 FU17 FU20 MU17 FSen	13:15	13:35	14:00
10 30 40 66 116 121 126 170	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC Alnwick Harriers Gateshead Harriers & AC Woodford Green	FU20 FU17 FU20 MU17 FSen MSen	13:15	13:35	14:00
10 30 40 66 116 121 126 170 479	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC Alnwick Harriers Gateshead Harriers & AC Woodford Green Jarrow & Hebburn AC	FU20 FU17 FU20 MU17 FSen MSen FU17	13:15	13:35	14:00
10 30 40 66 116 121 126 170 479	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club	FU20 FU17 FU20 MU17 FSen MSen FU17 FU15	13:15	13:35	14:00
10 30 40 66 116 121 126 170 479	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club	FU20 FU17 FU20 MU17 FSen MSen FU17 FU15	13:15	13:35	14:00
10 30 40 66 116 121 126 170 479	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club	FU20 FU17 FU20 MU17 FSen MSen FU17 FU15		13:35	14:00
10 30 40 66 116 121 126 170 479 117	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club	FU20 FU17 FU20 MU17 FSen MSen FU17 FU15	13:15	13:35	14:00
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club	FU20 FU17 FU20 MU17 FSen MSen FU17 FU15			
10 30 40 66 116 121 126 170 479 1177 <b>F12</b> 72 90	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp Luke Foster	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU13			
10 30 40 66 116 121 126 170 479 1177 <b>F12</b> 72 90	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp Luke Foster	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         Phoenix Flyers AC         South Shields Harriers & AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU13			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99 103	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp Luke Foster Amy Stewart	Middlesbrough Athletic Club (Mandale) Alnwick Harriers Heaton Harriers & AC Alnwick Harriers Gateshead Harriers & AC Woodford Green Jarrow & Hebburn AC Blyth Running Club Gateshead Harriers & AC Phoenix Flyers AC Phoenix Flyers AC South Shields Harriers & AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU15 FU15			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99 103 105	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp Luke Foster Amy Stewart Noah Crampton	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         Phoenix Flyers AC         South Shields Harriers & AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU13 FU15 FU15 MU13			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99 103 105 167	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner Fourth Long Jump Dominic Kemp Luke Foster Amy Stewart Noah Crampton Grace Arthur	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         Phoenix Flyers AC         South Shields Harriers & AC         Phoenix Flyers AC         Jarrow & Hebburn AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU13 FU15 FU15 MU13 FU15			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99 99 103 105 167 168	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner  Fourth Long Jump Dominic Kemp Luke Foster Amy Stewart Noah Crampton Grace Arthur Lee Hetherington	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         Phoenix Flyers AC         South Shields Harriers & AC         Jarrow & Hebburn AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU15 FU15 MU13 FU15 MU13 FU15 MU13			
10 30 40 66 116 121 126 170 479 117 <b>F12</b> 72 90 99 103 105 167 168 182	Lucy Giles Eve Robson Talia Thompson Rosie Rice Finlay Telfer Emily Stewart Craig Charlton Poppy Doherty Ellie Allan Lucy Turner  Fourth Long Jump Dominic Kemp Luke Foster Amy Stewart Noah Crampton Grace Arthur Lee Hetherington Dylan Keogh	Middlesbrough Athletic Club (Mandale)         Alnwick Harriers         Heaton Harriers & AC         Alnwick Harriers         Gateshead Harriers & AC         Woodford Green         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         Phoenix Flyers AC         South Shields Harriers & AC         Jarrow & Hebburn AC         Blyth Running Club         Gateshead Harriers & AC         Phoenix Flyers AC         South Shields Harriers & AC         Phoenix Flyers AC         Jarrow & Hebburn AC         South Shields Harriers & AC         Phoenix Flyers AC         Jarrow & Hebburn AC         South Shields Harriers & AC         Phoenix Flyers AC	FU20 FU17 FU20 MU17 FSen FU17 FU15 FSen MU13 MU15 FU15 MU13 FU15 MO45 MU13			



F13	Second Javelin			14:15	14:35	15:00
16	Georgia Tumer	Morpeth Harriers & AC	FU15			
46	Fynn Errington	Birtley AC	MU15			
71	Niamh Kemp	Phoenix Flyers AC	FU15			
79	Darcy Metcalf	Gateshead Harriers & AC	FU13			
118	Oliver Geoghegan	Morpeth Harriers & AC	MU17			
131	Allan Brownrigg	North Shields Polytechnic Club	MO45			
137	Alfie Ward	Blyth Running Club	MU17			
149	Rebecca Ousby	Team Bath AC	FSen			
161	Antje Hall	Alnwick Harriers	FU17			
170	Poppy Doherty	Jarrow & Hebburn AC	FU17			
172	Keeley Llewellyn	Birtley AC	FU17			
F14	Triple Jump			14:45	15:05	15:30
59	Lexie Ellis	Gateshead Harriers & AC	FU15			
101	Charlotte Earl	Morpeth Harriers & AC	FU17			
183	Kayleigh Wenn	Morpeth Harriers & AC	FU20			
408	Melody Brooks	Morpeth Harriers & AC	FU17			
436	Thomas Paterson	Jarrow & Hebburn AC	MU17			
474	Maisie French	North Shields Polytechnic Club	FU17			
576	Ava Local	Derwentside AC	FU15			