

North Eastern Counties Athletic Association

HANDBOOK 2018-19



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FOOTWEAR | CLOTHING | ACCESSORIES

WINTER FIXTURES 2018-19

OCTOBER

Mon	1/12	Schools Cross Country Cup preliminary round	
Sat	6	ERRA 6 & 4-Stage & Young Athletes Road Relays	Sutton Coldfield
Sat	6	Kielder 10k	
Sun	7	Kielder Marathon & Half Marathon	
Sun	7	Start Fitness NEHL	Druridge Bay
Sun	7	Great Cumbrian Run Half Marathon	Carlisle
Sat	13	Jarrow Minors XC	
Sun	14	Richmond Castle 10k	
Sun	14	York Marathon	
Sun	14	NYSD Harrier League	Middlesbrough, Acklam
Sat	20	Northern Cross Country Relay Champs	Sheffield
Sun	21	Run Northumberland Castles Marathon & Half Marathon	Alnwick
Sat	27	BMAF Cross Country Relays	Long Eaton
Sat	27	Start Fitness NEHL	
Sun	28	Run Northumberland Hexham 10k & 5k	
Sun	28	Locke Park 20	Redcar

NOVEMBER

Sat	3	English National Cross Country Relays	Mansfield
Sun	4	22nd Gibside Fruit Bowl Trail Race	Gibside
Sun	4	NYSD Harrier League	Whitby
Sun	4	Derwentwater 10m	Keswick
Sun	4	Leeds Abbey Dash 10k	
Sat	10	Schools Cross Country Regional Rounds	Various
Sun	11	Run Hamsterley 10 & 5 miler	
Sun	11	Heaton Harriers Memorial Races	Newcastle
Thur	15	Gateshead College Series – Indoor meeting	Gateshead College
Sat	17	Start Fitness NEHL	Aykley Heads
Sat	17	British & Irish Masters Cross Country International	Swansea
Sun	18	NYSD Harrier League Preston Park	Eaglescliffe
Sun	18	Brampton to Carlisle 10 mile Road Race	
Sat	24	UKA European Cross Country Trials	Liverpool
Sat	24	Schools Cross Country Cup Final	Woodbridge School, Suffolk
Sat	24	Elswick Harriers Road Relays	Gosforth Park
Sun	25	Run Northumberland Big 10 miler	Ponteland

DECEMBER

Sun	2	Hexhamshire Hobble Fell Race	Allendale
Sun	2	NYSD Harrier League New Marske Harriers	
Sun	2	Blyth Sands Handicap Race	
Sat	8	North Eastern Counties Cross Country	Wrekenton
Sun	9	European Cross Country Championships	Tilburg, Holland
Thur	13	Gateshead College Series – Indoor meeting	Gateshead College
Sun	16	Loftus Christmas Poultry Run	
Sat	22	Ronnie Walker Saltwell 10k	Gateshead

JANUARY

Tues	1	Morpeth Harriers 11k Road Race	
Sat	5	Start Fitness Sherman Cup/Davison Shield	
Sun	6	Old Monks 5.5-mile MT	
Sat/Sun	12/13	Northern Athletics Senior/U20/ U17 Indoor Champs	Sheffield
Sun	13	Durham Cathedral Relays	Durham
Tues	15	Northumberland Schools Cross Country Champs	
Thur	17	Gateshead College Series – Indoor meeting	Gateshead College
Sat	19	Durham Schools Cross Country Championships	
Sun	20	NYSD Harrier League	Ormesby, Middlesbrough
Sat	26	Northern Athletics Cross Country Champs	Pontefract

FEBRUARY

Sat	2	Schools Inter County Cross Country	
Sat	2	BUCS XC Championships	Exeter
Sat	2	North East Masters Cross Country Champs	Wallsend
Sun	3	Northern Athletics U15/U13 Indoor Champs	Sheffield
Thur	7	Gateshead College Series – Indoor meeting	Gateshead College
Sat	9	Start Fitness NEHL Thornley Hall Farm	Peterlee
Sat	16	Royal Signals NECAA Road Relays	Hetton
Sat	16	NECAA Indoor Field Championships	Gateshead
Sat	17	NECAA Indoor Track Championships	Gateshead
Sun	17	NYSD Harrier League Old Race Course	Richmond
Sat	23	English National Cross Country Champs	Harewood, Leeds

MARCH

Sat	2	Start Fitness NEHL	Alnwick
Sat	9	BMAF XC Championships, Malone	N Ireland
Sat	9	UK Inter-Counties Cross Country	Loughborough
Sat/Sun	9/10	BMAF Indoors	Lee Valley
Sun	10	NYSD Harrier League Road Relays	Richmond
Thur	14	Gateshead College Series – Indoor meeting	Gateshead College
Sat	16	English Schools Cross Country Championships	Chelmsford
Sun	17	NECAA Open Indoor Pentathlon	Gateshead
Sun	24	North Athletics 12 & 6-stage Road Relays Champs	Birkenhead

APRIL

Sat	6	ERRA 6/12-Stage Road Relay	Sutton Coldfield
Sun	7	Blyth Valley 10k Road Race incorporating British Masters 10k	
Sun	7	Hartlepool Marina 5-mile RR Hartlepool	
Sun	14	South Shields Sand Dancer 10k MT	
Fri	19	Elswick Good Friday Road Races	
Sun	21	North Tyneside 10k	
Sun	28	Wallsend 5k	
Sun	28	London Marathon	

*** Please support Local Club promotions ***

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION

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Committee: R Rutherford, V Gill, P Brown, S Bell, W McGuirk, V Thompson

Road Running

Chairman: Vacant
Secretary: Vacant
Committee: A Elders, P Dodsworth, D Daniels, G Hall

Fell Running

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Life Vice-Presidents: L Venmore

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Please email david.moir@ncl.ac.uk to notify us of any errors, omissions or changes, for next year's handbook.

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England Athletics Club Eligibility Committee: Kevin Carr

NORTH EASTERN COUNTIES AA CONSTITUTION

(Revised June 2011)

1. Title

The Association shall be the “North Eastern Counties Athletic Association” (NECAA), herein referred to as “the Association”.

2. Area

The area shall comprise the geographical counties of Durham, Northumberland, Tyne & Wear and former county of Cleveland.

3. Objectives

The objectives of the Association shall be:

- (a) to encourage, promote and develop athletics in the area;
- (b) to represent the area on all appropriate bodies;
- (c) to select and manage representative teams;
- (d) to promote, organise and encourage the holding of athletic competitions, meetings, championships, leagues and events;
- (e) to ensure that the rules of the relevant Governing Bodies are adhered to.

4. Membership

- (a) All clubs and organisations affiliated to England Athletics with headquarters within the area shall have automatic membership of the Association, with voting rights at General Meetings in accordance with Rule 5(c) below.
- (b) Member clubs and organisations shall be required to:
 - (i) notify the Association Secretary immediately in the event of any change in the name and address of the Secretary of the club or organisation;
 - (ii) submit details of any proposed athletic events to the Licence Officer of the Association for approval.

5. General Meetings

(a) Annual General Meeting

An Annual General Meeting of Clubs and Organisations within the Association shall be held in June or July. The Secretary shall notify each member club or organisation of the proposed time and place of the meeting at least 42 days in advance, requiring that nominations and other items of business for the meeting shall be notified at least 28 days before the meeting is due to take place. Additional nominations may be made at the Annual General Meeting for those positions where insufficient have been received by the due date. The Secretary shall, at least 14 days before the meeting, notify the secretary of each member club or organisation of the business to be transacted, which shall include the following:

- (i) to receive secretarial and financial reports, and to adopt the financial statement;
- (ii) to elect the Officers of the Association for the ensuing year, and if appropriate, any Life Vice-Presidents;
- (iii) to elect a Licence Officer for the ensuing year;
- (iv) to elect the Chairman of the Officials’ Committee for the ensuing year;
- (v) to elect a General Committee to be responsible for the local administration of the sport for the ensuing year;
- (vi) to elect a Chairman, Secretary and three additional club representatives for the ensuing year in respect of each of the following sub-committees:

North Eastern Counties AA Cross Country Committee, North Eastern Counties AA Road Running Committee, North Eastern Counties AA Track & Field Committee:

- (vii) to appoint an Auditor;
- (viii) to transact such other business which under the Constitution of the Association should be conducted at the Annual General Meeting and which has been notified in writing to the Secretary at least 28 days prior to the meeting.

(b) Extraordinary General Meetings

An Extraordinary General Meeting shall be called, and held within 28 days:

- (i) at the instruction of the Officers;
- (ii) at the instruction of the General Committee; or
- (iii) on the written request of ten clubs in full membership, or 25 per cent of member clubs, whichever is the least.

The Secretary shall notify the secretary of each member club or organisation at least fourteen days prior to the meeting stating the time and place of the meeting and the business to be transacted at the meeting. No other business may be brought forward at that meeting.

(c) Voting at General Meetings

Fully paid up member clubs and organisations, in accordance with Rule 4(a), shall be entitled to two voting representatives. Votes may only be cast by persons present at the meeting and no person may cast more than one vote.

6. Officers

- (a) The Officers shall be elected annually by members at the Annual General Meeting.
- (b) The President shall not hold the post for more than three consecutive years and may be nominated by:
 - (i) The General Committee;
 - (ii) no less than five member clubs or organisations.
- (c) All officers may be nominated by:
 - (i) The General Committee;
 - (ii) any member club or organisation.
- (d) A nomination shall be invalid if the person nominated has at the time of nominations been suspended by England Athletics or any County District/Association and whose period of suspension has not then been terminated.
- (e) Officers shall serve until the conclusion of the following Annual General Meeting.
- (f) An Officer may attend and vote at any meeting of any Committee.

7. Management

The management of the Association shall be vested in a General Committee consisting of the following:

- (a) The Officers of the Association, who shall be ex-officio members of all Committees: Chairman; Secretary; Treasurer.
- (b) The Chairman and Secretary of the three sub-committees elected at the Annual General Meeting.
- (c) The Licence Officer, elected at the Annual General Meeting and who shall be an ex-officio member of the sub-committees listed in 7(b) above.
- (d) The Chairman of the Officials' Committee.
- (e) Twelve club representatives, elected at the Annual General Meeting.

8. Powers and Duties

In addition to general or specific powers conferred from time to time by the Governing Bodies.

- (a) Support the development of athletics.
- (b) Ensure, as far as possible, that affiliated clubs and organisations fulfil their obligations to members and/or competitors in accordance with UK Athletics Laws and those of the Governing Bodies
- (c) Encourage the recruitment and training of Officials and Coaches;

9. Sub-Committees

The sub-committees elected at the Annual General Meeting [5(a)(vi)] will be responsible for Objectives 3(c) and 3(d) of their respective disciplines.

The General Committee may appoint such sub-committees and additional Officers as may be required for the conduct of specific activities or the management of athletics disciplines throughout the area. It may not make such appointments to deal with geographical parts of the area.

10. Finance

The Association shall be empowered to hold funds for the promotion, development and administration of the sport.

The Association shall solely be responsible for funding:

- (a) Championships.
- (b) Representative teams.
- (c) Match promotions.
- (d) All leagues operated under the jurisdiction of the Association.
- (e) Committee meetings in respect of any of the above items.
- (f) The Association is empowered to raise funds for the above by setting entry fees and other methods of fund-raising as the NECAA General Committee may decide.
- (g) All monies and properties of the Association shall be vested in Trustees. In the event of dissolution, all funds or other property of the Association shall be applied towards the furtherance of the objectives of the Association.
- (h) The General Committee will appoint no less than three and no more than five Trustees, one of whom will be the Hon Treasurer, who will be Chairman of Trustees.

The Association is not empowered to impose an affiliation fee on member clubs, but may charge an entry fee to clubs wishing to take part in events.

11. Maintenance of Records

The Association Secretary shall be responsible for the maintenance of minutes and other records relating to the work, decisions and activities of the Committee. These shall be made available to appointed club representatives on request and shall be summarised in the Annual Report to member clubs.

The Associated Treasurer shall be responsible for the maintenance of financial records as required by the Committee, and records shall be the subject of regular reports to the General Committee and be summarised for annual presentation to member clubs.

A summary of appropriate matters from the Annual Report may be submitted to the Regional Council of England Athletics North East.



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