

Pos	Number	Team Time	Name	Team Name	Category	Leg	team no	Leg time	Leg Pos
1	375	55.37	Ian Harding	Morpeth Harriers A	Msen	5	37	10:59	1
2	575	56.57	James Dunce	Tyne Bridge A	Msen	5	57	11:15	2
3	525	58.22	Christopher Bell	Sunderland Harriers A	Msen	5	52	12:23	3
4	205	58.51	Matt Linsley	Gateshead Harriers A	Msen	5	20	12:16	4
5	325	58.54	Brendan Mcmillan	Jarrow & Hebburn A	Msen	5	32	11:45	5
6	405	59.06	Martin Murray	New Marske A	Msen	5	40	12:47	6
7	385	59.14	Mark Snowball	Morpeth Harriers B	Msen	5	38	12:06	7
8	465	59.20	Josh Lincoln	Richmond & Zet (Gst)	Msen	5	46	12:29	8
9	165	59.32	Luke Pickering	Durham City A	Msen	5	16	11:35	9
10	425	59.34	William Robson	North Shields Poly A	Msen	5	42	11:40	10
11	875	61.06	Martin Blenkinsopp	Sunderland Harriers A	Mvet 40	5	87	13:00	11
12	555	61.25	Raymond Christie	Sunderland Strollers A	Msen	5	55	12:26	12
13	645	61.30	Alastair Willis	Wallsend A	Msen	5	64	12:19	13
14	585	61.48	Jake Dorman	Tyne Bridge B	Msen	5	58	12:16	14
15	855	62.01	Ken Harker	Richmond & Zet (Gst)	Mvet 40	5	85	13:04	15
16	35	62.02	Paul Noble	Birtley	Msen	5	3	14:03	16
17	15	62.04	James Willoughby	Alnwick A	Msen	5	1	13:10	17
18	215	62.07	Peter Grimoldby	Gateshead Harriers B	Msen	5	21	12:23	18
19	625	62.26	Robbie Langford	Tynedale A	Msen	5	62	13:18	19
20	265	63.11	Charlie Townsend	Heaton Harriers A	Msen	5	26	12:36	20
21	235	63.17	Maurice Bourke	Gosforth Harriers A	Msen	5	23	13:21	21
22	595	63.53	Adrian Hall	Tyne Bridge C	Msen	5	59	13:31	22
23	835	64.08	Tim Miley	Morpeth	Mvet 40	5	83	13:25	23
24	45	64.12	Gary Dixon	Blackhill Bounders A	Msen	5	4	13:43	24
25	755	64.43	Wayne Pearson	Crook	Mvet 40	5	75	12:37	25
26	95	64.51	David Mckenna	Darlington Harriers A	Msen	5	9	13:51	26
27	795	65.09	Mark Turnbull	Elswick	Mvet 40	5	79	13:09	27
28	195	65.18	Matthew Archer	Elvet Striders	Msen	5	19	13:14	28
29	765	65.45	Simon Gardner	Durham	Mvet 40	5	76	13:08	29
30	445	65.47	Tim Allsop	Ponteland Runners A	Msen	5	44	13:35	30
31	415	66.22	Thomas Aspin	New Marske B	Msen	5	41	13:25	31
32	805	66.35	Steve Wellings	Gateshead	Mvet 40	5	80	13:49	32
33	355	67.01	Tom Kennedy	Jesmond Joggers	Msen	5	35	13:36	33
34	255	67.16	Ian Bilton	Hartlepool	Msen	5	25	14:35	34
35	335	67.46	Malcolm Leece	Jarrow & Hebburn B	Msen	5	33	14:20	35
36	105	67.47	Jeff Miller	Darlington Harriers B	Msen	5	10	13:09	36
37	655	68.02	Joseph Collins	Wallsend B	Msen	5	65	13:50	37
38	815	68.08	Kevin Spreadbury	Gosforth	Mvet 40	5	81	14:59	38
39	365	68.32	Danny Wade	Low Fell RC	Msen	5	36	14:07	39
40	505	68.58	Michael Fawcett	Stockton Striders A	Msen	5	50	15:12	40
41	295	69.06	Andrew Hardie	Houghton Harriers	Msen	5	29	16:33	41
42	715	69.40	Phil Atkinson	Birtley A	Mvet 40	5	71	14:50	42
43	75	69.43	Michael Ashby	Blyth RC	Msen	5	7	16:05	43
44	85	69.51	Steve Blacklock	Crook	Msen	5	8	15:07	44
45	605	70.01	Ian Jackman	Tyne Bridge D	Msen	5	60	13:34	45
46	845	70.08	Simon Gent	North Shields Poly	Mvet 40	5	84	15:35	46

47	475	70.15	Seb Bufton	Saltwell Harriers A	Msen	5	47	13:43	47
48	145	70.29	Michael Harrison	Derwentside A	Msen	5	14	14:40	48
49	275	70.42	Andy Duguid	Heaton Harriers B	Msen	5	27	14:34	49
50	675	70.48	Nick Butchart	Washington A	Msen	5	67	14:18	50
51	175	70.53	Geoff Watson	Durham City B	Msen	5	17	16:14	51
52	565	71.10	John Lowther	Sunderland Strollers B	Msen	5	56	15:35	52
53	495	71.34	Robert Spink	Sedgefield	Msen	5	49	15:16	53
54	885	72.10	Paul Obrian	Sunderland Harriers B	Mvet 40	5	88	14:23	54
55	245	72.51	Michael Lomax	Gosforth Harriers B	Msen	5	24	14:34	55
56	115	73.44	Andy Campbell Crithley	Darlington Harriers C	Msen	5	11	14:17	56
57	125	74.12	Michael Dolan	Darlington Harriers D	Msen	5	12	14:52	57
58	705	74.29	Ronnie Laws	Ashington	Mvet 40	5	70	15:02	58
59	665	74.38	Sam Proud	Wallsend C	Msen	5	66	14:14	59
60	225	74.39	James Campbell	Gateshead Harriers C	Msen	5	22	16:18	60
61	25	74.47	Jon Duffy	Alnwick B	Msen	5	2	14:47	61
62	305	74.59	Ross Brown	Hunwick Harriers A	Msen	5	30	14:39	62
63	865	75.26	Richard Townsend	Saltwell	Mvet 40	5	86	16:11	63
64	775	75.52	Doug Jardine	Elvet A	SenM	5	77	14:37	64
65	285	75.57	Dave Dale	Heaton Harriers C	Msen	5	28	14:28	65
66	725	76.56	Rob Wilson	Birtley B	SenM	5	72	14:02	66
67	55	77.07	Ian Middlemas	Blackhill Bounders B	Msen	5	5	16:37	67
68	435	77.12	Barry Young	North Shields Poly B	Msen	5	43	15:35	68
69	345	77.21	Geoff Robinson	Jarrow & Hebburn C	Msen	5	34	15:42	69
70	185	77.51	Mel Reed	Elswick Harriers	Msen	5	18	19:26	70
71	905	77.55	Doug Rutherford	Sunderland Strollers	Mvet 40	5	90	16:54	71
72	735	77.58	Aidan Hughes	Blackhill Bounders	Mvet 40	5	73	16:18	72
73	455	78.53	Adam Brown	Ponteland Runners B	Msen	5	45	15:13	73
74	515	79.22	Michael Hodgkiss	Stockton Striders B	Msen	5	51	15:03	74
75	685	80.18	Anthony Forster	Washington B	Mvet 40	5	68	17:32	75
76	615	82.00	Paul Harris	Tyne Bridge E	Msen	5	61	16:49	76
77	315	82.13	Ian Gemski	Hunwick Harriers B	Msen	5	31	16:57	77
78	785	82.47	Steve Ellis	Elvet B	Mvet 40	5	78	18:30	78
79	155	86.09	Paul Wiltshire	Derwentside B	Msen	5	15	22:51	79
80	135	88.08	Richard Easterbrook	Darlington Harriers E	Msen	5	13	17:19	80
81	485	89.00	Andy Swanston	Saltwell Harriers B	Msen	5	48	18:16	81