

Pos	Number	Team Time	Name	Team Name	Category	Leg	team no	Leg time	Leg Pos
1	373	33.36	Sam Hancox	Morpeth Harriers A	Msen	3	37	11:27	1
2	573	33.49	Tom Charlton	Tyne Bridge A	Msen	3	57	11:11	2
3	403	33.59	Dean Newton	New Marske A	Msen	3	40	11:24	3
4	523	34.02	Steve McMahon	Sunderland Harriers A	Msen	3	52	11:49	4
5	203	34.35	Charlie Mcmillan	Gateshead Harriers A	Msen	3	20	11:38	5
6	323	34.37	Jack Brown	Jarrow & Hebburn A	Msen	3	32	12:01	6
7	463	34.44	Scott Wardman	Richmond & Zet (Gst)	Msen	3	46	12:03	7
8	383	35.26	Andrew Hebdon	Morpeth Harriers B	Msen	3	38	12:49	8
9	33	35.38	Stephen Barker	Birtley	Msen	3	3	13:14	9
10	13	35.51	Steve Patterson	Alnwick A	Msen	3	1	12:25	10
11	423	35.57	Brad Clough	North Shields Poly A	Msen	3	42	12:07	11
12	853	36.21	Lee Davies	Richmond & Zet (Gst)	Mvet 40	3	85	12:25	12
13	163	36.22	Alex Cook	Durham City A	Msen	3	16	11:55	13
14	873	36.23	Michael Thompson	Sunderland Harriers A	Mvet 40	3	87	12:20	14
15	643	36.39	Matthew Darbyshire	Wallsend A	Msen	3	64	13:01	15
16	553	36.42	Christopher Dwyer	Sunderland Strollers A	Msen	3	55	12:35	16
17	623	36.47	Alex Wood	Tynedale A	Msen	3	62	11:33	17
18	583	36.50	Ryan Holt	Tyne Bridge B	Msen	3	58	12:12	18
19	253	36.59	Victor Brudenell	Hartlepool	Msen	3	25	12:48	19
20	43	37.13	Alan Richardson	Blackhill Bounders A	Msen	3	4	12:54	20
21	233	37.18	Ben Moore	Gosforth Harriers A	Msen	3	23	12:15	21
22	593	37.23	Matt Walker	Tyne Bridge C	Msen	3	59	12:50	22
23	193	37.28	Rory Whaling	Elvet Striders	Msen	3	19	13:27	23
24	213	37.29	Devon Stead	Gateshead Harriers B	Msen	3	21	12:19	24
25	73	37.30	Paul Whalley	Blyth RC	Msen	3	7	12:44	25
26	93	37.32	Paul Cook	Darlington Harriers A	Msen	3	9	12:52	26
27	293	37.40	Matthew Tomlinson	Houghton Harriers	Msen	3	29	13:43	27
28	803	37.50	Jim Mann	Gateshead	Mvet 40	3	80	12:37	28
29	263	38.25	Callum Mills	Heaton Harriers A	Msen	3	26	13:15	29
30	443	38.36	Rob Holt	Ponteland Runners A	Msen	3	44	12:31	30
31	763	38.37	Robert Hand	Durham	Mvet 40	3	76	13:23	31
32	753	38.38	Paul Brennan	Crook	Mvet 40	3	75	13:43	32
33	813	38.48	Dave Bell	Gosforth	Mvet 40	3	81	13:39	33
34	793	38.57	Chris Pearce	Elswick	Mvet 40	3	79	13:29	34
35	833	39.17	Paul Waterston	Morpeth	Mvet 40	3	83	13:14	35
36	333	39.24	Michael Thornton	Jarrow & Hebburn B	Msen	3	33	13:55	36
37	83	39.50	Graham Spowart	Crook	Msen	3	8	14:02	37
38	353	39.52	Harry Pulham	Jesmond Joggers	Msen	3	35	12:07	38
39	633	39.52	Lea Stephenson	Tynedale B	Msen	3	63	13:26	39
40	413	40.03	Stephen Mussett	New Marske B	Msen	3	41	13:24	40
41	653	40.09	Paddy Dinsmore	Wallsend B	Msen	3	65	13:33	41
42	843	40.21	James Thompson	North Shields Poly	Mvet 40	3	84	14:07	42
43	363	40.35	Richard Conder	Low Fell RC	Msen	3	36	13:16	43
44	103	40.43	Paul Clucas	Darlington Harriers B	Msen	3	10	13:39	44
45	503	40.46	Paul Johnson	Stockton Striders A	Msen	3	50	13:14	45
46	713	40.51	Dave Francis	Birtley A	Mvet 40	3	71	14:28	46
47	173	41.00	Les Phillips	Durham City B	Msen	3	17	15:28	47
48	143	41.08	Scott Laight	Derwentside A	Msen	3	14	15:07	48
49	563	41.21	Mike Hobson	Sunderland Strollers B	Msen	3	56	14:13	49
50	663	41.23	David Hall	Wallsend C	Msen	3	66	14:42	50
51	473	41.34	Kevin Reynolds	Saltwell Harriers A	Msen	3	47	14:47	51

52	603	41.45	John Tollitt	Tyne Bridge D	Msen	3	60	14:16	52
53	223	42.09	Stuart Milburn	Gateshead Harriers C	Msen	3	22	15:12	53
54	273	42.10	David Slater	Heaton Harriers B	Msen	3	27	14:36	54
55	533	42.10	Paul Mcglothlen	Sunderland Harriers B	Msen	3	53	14:02	55
56	673	42.22	Peter Setterfield	Washington A	Msen	3	67	13:22	56
57	493	42.23	Declan Munnelly	Sedgefield	Msen	3	49	13:44	57
58	883	42.41	Anthony Erskine	Sunderland Harriers B	Mvet 40	3	88	15:14	58
59	53	43.24	Kevin Hopps	Blackhill Bounders B	Msen	3	5	15:49	59
60	183	43.38	Harry Matthews	Elswick Harriers	Msen	3	18	16:09	60
61	863	43.54	Paul Blackett	Saltwell	Mvet 40	3	86	16:01	61
62	123	44.04	Anthony Seaman	Darlington Harriers D	Msen	3	12	15:48	62
63	113	44.28	Dave Riches	Darlington Harriers C	Msen	3	11	15:11	63
64	243	44.30	Paul Waggot	Gosforth Harriers B	Msen	3	24	17:09	64
65	283	44.35	Keith Rooney	Heaton Harriers C	Msen	3	28	15:01	65
66	733	44.39	David Goodfellow	Blackhill Bounders	Mvet 40	3	73	15:39	66
67	343	44.43	Steve Outterside	Jarrow & Hebburn C	Msen	3	34	15:32	67
68	703	44.45	Alan Stewart	Ashington	Mvet 40	3	70	15:29	68
69	433	44.48	Andrew Phillips	North Shields Poly B	Msen	3	43	13:57	69
70	683	44.52	Steven Idle	Washington B	Mvet 40	3	68	15:37	70
71	903	45.03	Gary Dunmore	Sunderland Strollers	Mvet 40	3	90	14:37	71
72	23	45.16	Gareth Pearson	Alnwick B	Msen	3	2	14:23	72
73	303	45.25	Gary Mclean	Hunwick Harriers A	Msen	3	30	14:29	73
74	773	46.12	Robin Linton	Elvet A	SenM	3	77	17:06	74
75	153	46.20	Colin Pither	Derwentside B	Msen	3	15	17:30	75
76	613	46.47	Graham King	Tyne Bridge E	Msen	3	61	15:20	76
77	723	47.33	Jeff Johnston	Birtley B	SenM	3	72	18:46	77
78	783	47.42	David Lumsdon	Elvet B	Mvet 40	3	78	15:48	78
79	513	48.30	Drew Smallwood	Stockton Striders B	Msen	3	51	17:08	79
80	453	48.58	Tony Vick	Ponteland Runners B	Msen	3	45	17:52	80
81	313	49.24	Craig Dixon	Hunwick Harriers B	Msen	3	31	17:23	81
82	483	53.09	Phil Askew	Saltwell Harriers B	Msen	3	48	19:24	82
83	133	54.19	Julian Pinkney	Darlington Harriers E	Msen	3	13	20:15	83