

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION
Open Indoor Pentathlon 2018
(Incorporating NECAA Championships)
Gateshead College Academy for Sport
Sunday 18 March 2018
(Under UKA Rules)
First Event 10:00am

All age groups compete in **60 metres hurdles, Shot putt, Long jump, High jump and 60 metres sprint**. Field event order will vary between age groups.

Under 13 = athletes aged 11 and 12 at midnight on 31/08/2018

Under 15 = athletes aged 13 and 14 at midnight on 31/08/2018

Under 17 = athletes aged 15 and 16 at midnight on 31/08/2018

Under 20 = athletes aged 17 or over at midnight on 31/08/2018 and under 20 at midnight on 31/12/2018

Senior = athletes aged at least 20 years of age on 31/12/2018

Entries must be made either online or on the official entry form. Postal entries should be returned to:

NECAA Entries, 15 Rectory Road, Hetton-le-Hole, Tyne and Wear, DH5 9HG, or **enter online at race-results.co.uk**.

Any queries, please email necaa@shumphrey.me.uk

Entry Fee £15.00, cheques/postal orders payable to N.E.C.A.A. **Closing date for entries: Sunday 4 March 2018**

All communication will, where possible, be via email; please provide an email address for this purpose. If no valid email address is available, please enclose a stamped addressed envelope with your entry.

Further copies of this entry form can be downloaded from www.necaa.weebly.com

Conditions of Entry -NECAA Championships Only (please read carefully)

This event is confined to athletes who were born or have continuously resided, for at least two years prior to the competition, within the counties of Northumberland, Durham, Cleveland, Tyne & Wear or Teesside. N.B this does not qualify students who have resided during term time alone.

Persons not satisfying this criterion may still enter the open competition.

Please note: the open competition includes both North Eastern Counties athletes and those from outside the area.

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OFFICIAL ENTRY FORM (please complete in BLOCK CAPITALS)

Name _____ Club _____

Address _____

Post Code _____

Email _____ Telephone _____

Please circle the relevant age group and sex:

U13 U15 U17 U20 Senior Male Female Date of Birth _____

I declare that I was born in or have resided continuously in the county of* _____ prior to the date of the championships and that I have read and agree to the Conditions of Entry above. I enclose £15.00 entry fee.

Signature(s) _____ Date _____

For athletes under the age of 18, the form must be signed by the athlete and a parent/carer.

* NECAA Championship entries only