

<b>Date</b>	<b>Time</b>	<b>Type</b>	<b>Venue</b>	<b>Deliver</b>	<b>To Book</b>
Sun 12th Nov 2017	10am-4pm	Movement skills 1	Gateshead College Academy of Sport	Chris Warnock	<a href="#">Click here</a>
Sat 27 <sup>th</sup> Jan 2018	10am-4pm	Movement Skills 2	Gateshead College Academy of Sport	Chris Warnock	<a href="#">Click here</a>
Sat 10 <sup>th</sup> Mar 2018	10am-2pm	Physical Prep	Gateshead College Academy of Sport	Nick Ridgeon	<a href="#">Click here</a>
Wed 17 <sup>th</sup> Jan 2018	6.30-9.30pm	LiRF to CiRF	Middlesbrough Sport Village	Chris Warnock	<a href="#">Click here</a>
Sat 24th Feb 2018	9.30am- 12.30pm	365 workshop	Middlesbrough Sport Village	Hemant Desai	<a href="#">Click here</a>
Sat 7 <sup>th</sup> Oct 2017	9.30am- 12.30pm	365 workshop	Gateshead College Academy of Sport	Hemant Desai	<a href="#">Click here</a>