

NEYDL DIV 1

U13G

11:15 70mh
12:15 800m
13:00 Long Jump
13:00 400g Javelin
13:40 100m
13:45 Discus
14:40 1500m
15:15 200m
15:15 2.72k Shot
16:00 High Jump
16:10 4x100m

U15G

11:30 Long Jump
11:00 3k Hammer
11:25 75mh
12:15 500g Javelin
12:15 Pole Vault
12:30 800m
13:00 3k Shot
13:20 100m
13:45 High Jump
14:15 1500m
14:30 1k Discus
15:30 200m
15:45 300m
16:25 4x100m

U17W

11:00 3k Hammer
11:40 80mh
12:15 Long Jump
12:15 500g Javelin
12:15 Pole Vault
12:45 800m
13:00 100m
13:45 High Jump
14:00 300mH
14:15 1500m
14:30 1k Discus
15:00 200m
15:45 300m
16:00 3k Shot
16:00 Triple Jump
16:40 4x100m

U13B

11:25 75mh
11:30 3k Shot
12:15 800m
12:15 High Jump
13:00 400g Javelin
13:40 100m
13:45 Discus
14:40 1500m
15:15 200m
15:15 Long Jump
16:10 4x100m

U15B

11:00 4k Hammer
11:30 High Jump
11:40 80mh
12:15 Pole Vault
12:15 4.00k Shot
12:30 800m
13:20 100m
14:25 1500m
14:30 Long Jump
15:15 1.25k Discus
15:30 200m
15:45 300m
16:00 600g Javelin
16:25 4x100m

U17M

11:00 5k Hammer
11:30 High Jump
11:55 100mh
12:15 Pole Vault
12:45 800m
13:00 100m
13:45 Long Jump
14:00 400mH
14:25 1500m
14:30 5k Shot
15:00 200m
15:15 1.5k Discus
16:00 400m
16:00 Triple Jump
16:00 700g Javelin
16:40 4x100m