To enter email:

Email: cschrissie@icloud.com Or

Mail: alexgiles36@gmail.com with name club EA registration number date of birth and and personal best for events by Friday 1st September.

**North East Throwing Festival**

**Wednesday 6th September 2017**

**Location: Monkton Stadium, Jarrow**

**Starts at 6:30pm**

*Pay on collection of numbers.* ***£3 per a event***



***Entry standards***

|  |  |
| --- | --- |
| Under 13 Girls Shot: 6.5 mHammer: 15m | Under 13 BoysShot: 7mHammer: 15m |
| Under 15 GirlsShot: 8.5mHammer:20m | Under 15 BoysShot: 10mHammer: 20m |
| Under 17 WomenShot: 9mHammer: 30m | Under 17 Men Shot: 11mHammer: 25m |
| Under 20 WomenShot: 9.5mHammer: 30m | Under 20 MenShot: 11mHammer: 30m |
| Senior Women Shot: 10.5mHammer: 30m | Senior MenShot: 12mHammer: 35m |

* Seeded entries for each age group.
* Event limit 60 competitors in total
* Supported and Officiated through NECAA

The entry list will be published on:

[HTTPS://www.facebook.com/NEThrowingFestivel](https://www.facebook.com/NEThrowingFestivel)

On the 2nd September

NO LATE ENTRIES WILL BE ACCEPTED

Awards for top 3 male and female in each event

An award to the top club for the overall throws title