**Inter League Match 2019**

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| **Match Score** | **Yorkshire and District** | **673 points** |
|  | **NEYDL** | **871 points** |

Hi All

You already have a full copy of the match results, these will been sent to Power of 10. Although the NEYDL won again this year this was a closer match.

There were originally 151 athletes due to compete on the day and 146 took part from all eighteen league teams. Another seven had dropped out from the Wednesday leading up to the match. This was the marginally the biggest team we have fielded so far and very good turn out as it was our first away match. Also this is the largest score we have achieved.

The weather was mixed to say the least varying between sunny, cloudy, wet and windy. Personally I feel all the athletes had a good time, PB's were achieved by some, the atmosphere was pleasant and athletes were cheered by all parties. Unfortunately a couple of athletes became ill or injured on the day. The athletes from all the different clubs seemed to get on well and help each other, yet have pride in competing in their club vest on such a big occasion. Some athletes helped the team by doing extra events on the day, here are some of them;

U13B Aaaon Ikwue (Elswick) 150m added 75m 4x100m

U17M Luke Russell (Chester le Street) Long Jump, Triple Jump added 200m 4x300m - amazing for a jumper and he did well in both. He ran from the LJ to compete in the 4x300m team

U17W Amy Lott (Morpeth) 80m Hurdles added 100m 200m and 4x100m

U17W Kate Salthouse (Tynedale) 800m and 4x300m added 300m individual as well, She had been running at the nationals the day before, she was very tired.....

I would like to thank all the clubs, coaches and parents for helping contact athletes and getting them to the match, some clubs were still finding athletes up to the last minute.

Thanks to all the officials from Birtley, North Shields and any others that ran field events on the day.

I would like to also thank the team managers of NEYDL on the day who helped, encouraged, praised and guided all our athletes: Claire Rutter - Darlington/Allerton, Chris Mole - North Shields, Jayne Sorrell - Harrogate. There were also many other coaches from a large number of clubs helping out.

Those athletes that were left at the end had a good time at the photo call, with a whole bank of parents and coaches using up G Bytes of space on phones, cameras etc.

We hope to coordinate some photos that were taken on the day so they will be available to all.

Thank you again to all that helped in any way to make the event a success for the athletes.

David Thomas

Morpeth H&AC

NEYDL Senior Team Manager on the day