

Athletics 365 Workshop

Youth Development:

Cost £20 per person (£40 for non- licensed coaches)

This workshop is approximately 3 hours in length and largely practical in nature.

Athletics 365 was launched in 2010 and has now been widely adopted within the UK and is gaining recognition across the world.

This practical workshop will cover:

- How to use the Athletics 365 resource;
- Practical examples of Athletics 365 in action;
- How and when to use games or drills to develop skills;
- Assessing an athletes' skill stages;
- How to design inclusive coaching sessions;
- Planning youth development coaching programmes;

Who is the Workshop for?

The workshop is aimed at Coaching Assistants, Athletics Coaches, those new to Athletics 365 and/or youth development, established coaches wishing to develop confidence and competence in this area and experienced practitioners wishing to refresh and consolidate their knowledge.

The workshop will be tailored on the day to address the prime needs the audience bring with them on this topic.

The workshop will be delivered by: Hemant Desai

Saturday 7th Oct 2017 - 9.30am-12.30pm
Gateshead College Academy of Sport,
Neilson Road, NE10 0EF

To book your place on this workshop [Click Here](#)

For more information on Athletics 365 please visit:

www.Athletics365.org

